



From the Principal's Desk

RESPONSIBILITY

A famous quote is: “कर्तव्यमेव कर्तव्यं प्राणैः कण्ठगतैरपि”: “The duty (responsibility) should be performed even if it kills you”. If we take the literal meaning of these words, it seems most appropriate for soldiers who carry out their duties in challenging and dangerous circumstances. However, the deeper meaning of this quote is that responsibilities must be fulfilled with utmost dedication which applies to all of us.

For teachers, it is very crucial that they sincerely do justice to the responsibilities entrusted to them. Especially the responsibility of guiding their students. For students, the word responsibility carries many aspects:- maintaining class discipline, completing assigned tasks on time, respecting their teachers and parents, taking care of the classroom and school infrastructure, respecting each other's emotions, helping others.

For students, the concept of responsibility begins with understanding the importance of the education they are receiving. It helps them set clear goals and lays the foundation for many future successes.

It is always a pleasure to see that, in our school, students sincerely perform their duties—as Student Council members, as coordinators for SHISMUN, SHISTECH, and SHISFEST, as well as Club In-charges.

As I mentioned in my previous articles, certain habits formed during student life stay with them throughout their lives. If a student is responsible, it shapes their character and is reflected later in their professional journey. These life skills not only leads to personal growth but also helps them become better human beings—who can contribute to making the world a better place. So, we must all embrace the essence of the quote: **“Responsibility should be performed.”**

I would like to end this article with some famous quotes on responsibility:

“You can't escape the responsibility of tomorrow by evading it today.”

- Abraham Lincoln

“The price of greatness is responsibility.”

- Winston Churchill

“Until the great mass of the people shall be filled with the sense of responsibility for each other's welfare, social justice can never be attained.”

- Helen Keller

“I get really motivated when I put on the India jersey. It is a responsibility, so I want to perform in the best way I can.”

- Virat Kohli

Dr. Sanjay Sachdeva (School Principal)

The Power of Alone Leisure Time

Children have real understanding only of that which they invent themselves - Jean Piaget

We have filled our child's world full of structured schedules, digital entertainment, and constant stimulation. The thought of giving children time to be alone and unstructured may not appeal to many parents of this age. However, alone leisure time, moments when kids are free to do what they want without screens, schedules, or supervision is one of the most powerful ways to nurture creativity. When children are left to their own without actual devices, they're invited to explore their inner world. With no one telling them what to do or how to do it, their minds naturally begin to wander. This wandering isn't wasted time, it's the beginning of imaginative thinking. A child might pick up a stick and pretend it's a sword, turn a cardboard box into a spaceship, or create a new game from nothing. These acts of imagination strengthen their ability to think creatively, solve problems, and innovate, all skills that are highly valued in adulthood.

Alone leisure time also gives children the chance to explore their interests in a meaningful way. Without constant adult guidance or structured activities, kids start to notice what truly captures their attention. They may discover a love for drawing, a curiosity about nature, or an interest in building things. These discoveries often lead to passions that shape their

identity and fuel long-term learning. Moreover, being alone gives children the space to reflect and process their thoughts. In quiet moments, kids can replay social interactions, think about their emotions, or simply relax. This mental downtime is essential for emotional growth and creative insight. Many great ideas come not in the middle of busy activity, but during quiet moments of rest or daydreaming.

Parents worry that alone time might make children feel lonely or bored. But boredom, when balanced and safe, is actually the spark for invention. When kids feel that itch of having - nothing to do, they begin to create something to fill the gap and that something is often surprisingly original and meaningful. Creating space for alone leisure time doesn't mean leaving children unattended for long periods. It simply means allowing moments in the day that are free of screens, schedules, and expectations. These moments give children the freedom to think, imagine, and express themselves. In short, alone leisure time is not just a break from activity, it's a foundation for creativity. Letting kids have this space is one of the simplest, yet most powerful, gifts we can offer.

Therefore, let us learn to unstructure the perfect schedules of our kids, giving them space to explore, inquire, and truly discover the world around them.

**Ms. Seema Bhati (Primary School Director)
PYP Coordinator**



PYP



The Summer Camp at Scottish High, held from 26th May to 6th June 2025, was a joyful fortnight of exploration and bonding for our young Highlanders of Primary and Initials. Thoughtfully planned activities kept each day engaging and fun-filled, nurturing teamwork, creativity, curiosity, focus, and confidence. From storytelling circles and imaginative role plays that sparked expressive language and confidence, to hands-on science research like sound wave experiment and invisible handprint turned curious minds into little scientists, every activity was designed to ignite wonder. The children engaged in games and yoga sessions that encouraged balance and mindfulness, while 'Cooking without Fire' sessions introduced them to the joy of creating simple healthy treats like decorating fruit faces on bread slices or preparing refreshing puchkas with their peers, instilling a sense of independence and collaboration. Music and movement found expression through Karaoke and Jam along and energetic dance and aerobics, helping children express themselves while building stamina. Playful physical skill-building through obstacle courses and fun fitness drills kept the energy high, while horse riding offered a unique thrill, encouraging our little ones to be risk-takers. In art and craft corners, creativity flowed freely with activities such as colouring and using different art techniques like mosaic art, rope art, nature photo frame, mask making, bracelet, and rainbow craft and so on, allowing the children to express their ideas through colours and textures. The bouncy castle and potter's wheel were instant hits, drawing gleeful queues as children bounced, moulded clay, and enjoyed new experiences together. Primary students engaged in a wide range of activities, including golf, skating, swimming, badminton, soccer, art, shooting, and taekwondo. These activities provided valuable opportunities for students to explore hidden talents, build self-confidence, and enhance their physical fitness. Team-based sports and group games played a vital role in developing motor skills and coordination, while also fostering a spirit of healthy competition. The enthusiastic participation of students reflected their joy and eagerness to learn through active involvement. As the two-week camp drew to a close, it left behind a treasure trove of lifelong memories. Throughout the experience, children nurtured their creativity, built courage and developed a spirit of curiosity and openness to new experiences. They departed with certificates in hand, hearts filled with joy, and minds eager to embrace future adventures. Truly, they embodied the spirit of young Highlanders—confident, courageous, open-minded, and ever-ready to take on new challenges.





Hands Free, Hearts Full: SEL Day!

SEL Day celebration full of fun and creative experiences brought a wave of excitement in the Early Years on 18th July 2025. The entire day served as a live canvas for empathy, teamwork, self-expression, and mindful joy. By stepping away from bags and books for a day, the Highlanders explored the essence of learning beyond the classroom, building friendships and confidence while embracing creativity. Dressed in colourful clothes of their choice, the students arrived with bright smiles, capturing the day's joy at vibrant selfie corners before diving into a day filled with exploration and creativity. The classrooms and learning spaces came alive as vibrant hubs of creativity and collaboration, where students immersed themselves in joyful art explorations such as 'Funny Faces' (face-making), 'Drizzle & Doodle' (drip and doodle art), 'My Name, My Art' (name tag decoration) and so on. With colours flowing and imaginations soaring, the students expressed themselves freely while working alongside their friends, creating a warm sense of togetherness. The day was abuzz with play-based engagements and team games that filled the corridors with laughter and cheer. Activities like 'Confetti Carnival' (confetti game), 'Hoop Hustle' (passing the ball through a hula hoop), 'Catch-a-Fish' (hook the fish), and so on fostered teamwork, joyful participation, and a spirit of healthy competition. It was a day where creativity met camaraderie, making learning a truly delightful experience. To add to the lively ambience, a Zumba session and a body percussion music activity gave students the freedom to express themselves with cheerful energy. It was indeed a perfect day that seamlessly enhanced their social-emotional learning, helping Highlanders build confidence, teamwork, and joyful connections, reminding us all that learning is at its best when it blends creativity, movement, and happiness.



Turning pages, sparking imaginations - Library Week at its best!

Library Week in Early Years celebrated from 28th July to 1st August was a vibrant celebration of books and stories, designed to instil a love for reading in each and every young Highlander. Thoughtfully planned activities across Nursery, Lower Kindergarten, and Upper Kindergarten ensured the week was engaging, purposeful, and filled with joyful learning. Students enjoyed a variety of experiences including storytelling sessions, role plays, expert-led story sessions using puppets and expressive voice modulation, and a delightful magic show that sparked curiosity and excitement. Read-aloud sessions with favourite stories captured every child's attention, drawing them into the magical world of books. Throughout the week, Highlanders across all grades took part in creative and collaborative experiences including making bookmarks, designing story cover pages for the Author Wall, engaging in playful story yoga, colouring and decorating pictures of favourite story characters, and participating in a parent-led reading programme. Nursery students celebrated with a cosy Pyjama Day, arriving in their comfortable pyjamas with a favourite soft toy for a Bedtime Stories read-aloud session. Students of Lower Kindergarten added sparkle with a cheerful 'Dress-Up Day', coming dressed as their favourite storybook characters, twirling and posing with joy. They also enjoyed 'Bring-a-Book Buddy Day', bringing their favourite books from home to read and share with friends, proudly spreading their love for stories. Upper Kindergarten students joined the celebration with a lively Hat Parade Day, wearing creative hats representing their favourite characters such as wizard hats for Harry Potter, Dr Seuss hats, and more. The week was indeed a celebration of stories, imagination, and joyful learning, creating lasting memories and nurturing a lifelong love for reading in our young Highlanders.





world. These experiences expanded their horizons, nurtured curiosity, and fostered an openness to diverse perspectives. Through this immersive exploration, students not only developed academically but also cultivated a genuine appreciation for the richness of our global community.

In alignment with our mission to nurture globally minded learners, students in Grades IV and V also celebrated Le Quatorze Juillet—France's National Day—with great enthusiasm. Dressed in the colours of the French flag—blue, white, and red—they expressed their creativity through vibrant posters, greeting cards, painted bookmarks, and fabric art inspired by the French tricolour. They joyfully shared fun facts, tongue twisters, and interesting phrases in French, blending language, culture, and creativity into a truly memorable celebration.



International Week opens young minds to a world of cultures, languages, and friendships – helping our learners grow as global citizens with hearts full of curiosity and respect.

During International Week, our Primary Highlanders engaged in a vibrant array of enriching learning experiences aimed at broadening their global perspectives and strengthening their academic skills. With great enthusiasm, students explored diverse greetings and folk tales from around the world in various languages, reflecting deeply on the values and responsibilities of being global citizens. The week truly celebrated international mindedness, as young learners connected across cultures in meaningful and multifaceted ways.

As part of the week's activities, students created posters and comic strips on child rights activists, designed spreading awareness posters, and engaged in thoughtful discussions about global footprints and their roles and responsibilities in an interconnected

Building Character: A Session on Behaviour and Conduct

An enriching and empowering session on 'Behaviour and Conduct in School' was recently conducted for students from Grades I and V by the school counsellors, aiming to nurture a strong sense of character, respect, and responsibility. The session offered valuable insights into the importance of being kind, courteous, and self-aware in both classroom and social settings. Through songs and real-life examples, students explored key topics such as greeting others politely, taking turns, respecting personal space, using kind words, managing anger, apologising sincerely and following school rules.

They also learned how to handle disagreements respectfully, practice active listening, and understand the value of honesty and accountability. The session reinforced how good conduct not only keeps everyone safe but also helps build a positive and inclusive school environment where every child feels respected and valued. With real-world scenarios and age-appropriate discussions, students left with a clearer understanding of what it means to be a principled and socially responsible individual that will serve them well both inside and outside the classroom.



First Clan Meeting-Together We Achieve More

The first Clan Meeting of the current academic session was held on July 11, 2025. Our young Highlanders ventured forth immersing themselves in the rich philosophy and noble motto of their respective clans - Anderson, Lamont, Boyd, and MacArthur. As the students gathered, a buzz of excitement filled the air. The meeting served as a powerful reminder of the values of teamwork, leadership, and camaraderie, inspiring a strong sense of unity among them.





Exploring Beyond the Classroom: A Journey into Nature and Knowledge

Our Grade II students had an enriching experience at the Aravalli Biodiversity Park, where experiential learning came to life against a stunning backdrop of rolling terrain, post-rain mist, and golden sunlight. Aligned with the unit - Where We Are in Place and Time, the visit allowed students to connect classroom learning with real-world exploration. From following muddy trails and listening to peacock calls to discovering native flora and fauna, every moment deepened their curiosity and appreciation for nature. The experience left them inspired, inquisitive, and more meaningfully connected to the environment around them.



Grow, Learn, Inspire: Empowering Educators Together

On Saturday, July 26th, Dr. Satinder Kaur Walia, a renowned child psychologist with over 25 years of experience, and her team conducted an engaging session on effective classroom strategies for supporting children in elementary grades. The interactive session provided practical and age-appropriate strategies for classroom teaching practices, making it a valuable experience for our teachers.



Ms. Shivani Johri (Initial School Head),
(Deputy PYP Coordinator)
Ms. Virender Bhullar (Primary School Coordinator),
(Deputy PYP Coordinator)



Medley of Activities



As the summer heat set in, our Art and Craft Department was buzzing with creativity, energy, and expression. The months of June and July were filled with vibrant learning experiences and skill-building across all grade levels.

Our summer camp concluded successfully, leaving students with joyful memories and newly acquired artistic skills. During the camp, students explored a variety of art forms including Buddha abstract art, Lippan art, glass painting, fluid art, and pebble dot art. Each activity encouraged creativity, fine motor skill development, and a deeper appreciation for diverse art styles. Students thoroughly enjoyed experimenting with different media and techniques, and their enthusiasm was evident in the masterpieces they created. The camp was a wonderful platform for students to express themselves while learning in a relaxed, fun-filled environment.

As the school reopened in July, our young artists returned with renewed enthusiasm. Grades I and II began with engaging and enjoyable art activities, focusing on skills like drawing, colouring, and composition. These exercises helped students gain confidence in expressing their ideas visually.

Grade III explored the concept of one-point perspective, specifically focusing on "Ant's Eye View" and cityscapes. Students enthusiastically applied pencil colours, sketch pens and oil pastels to bring depth and vibrancy to their compositions. Grade IV completed their flower pencil shading task with finesse and transitioned into experimenting with watercolor techniques. This activity is integrated with their line of inquiry: Challenges, Risks, and Responsibility, encouraging students to explore the thoughtful use of materials and reflect on their learning once the task is completed. Grade V showcased their creativity through jewellery designing, integrating with the Transdisciplinary Theme - Where we are in place and time. Students researched and selected motifs and patterns from ancient civilizations of their choice, creating unique and culturally inspired designs.

Grades VI and VIII enhanced their artistic abilities through hands-on practice in a variety of techniques, promoting both skill enhancement and creative exploration. Senior School students diligently worked on their individual projects aligned with curriculum requirements.

The past two months have truly been a celebration of imagination, effort, and growth in the realm of art and craft. From budding artists in the primary years to seasoned learners in middle and senior school, each student has taken steps forward in their creative journey. We look forward to witnessing their continued evolution in the coming months.



Ms. Amitta Gahallot,
HoD Visual and Performing Arts



From Summer Steps to Freedom Moves: A Joyful Start to Dance

The months of June and July have been a vibrant celebration of dance at school. June brought the joy of summer camp, where students enthusiastically explored new dance forms, built friendships, and ended with a lively stage performance that set the tone for the season. As schools reopened in July, the excitement only grew stronger. The dance studios are buzzing with energy as students begin preparations for the 15th August Independence Day celebration. Patriotic rhythms and graceful moves echo through the halls as both primary and senior students rehearse with dedication and pride.

Grade IV students are making meaningful connections through their unit of inquiry, exploring the risks, challenges, and opportunities in dance both within school and the wider world. Meanwhile, Grades V and VI are diving into folk traditions as they gear up for an inter-school competition.

It's been a season of rhythm, reflection, and rising confidence—one step at a time.

Ms. Himani Yadav
Dance Teacher



In the month of June drama students learnt various tools and techniques of acting in the summer camp. All the learners were happy to be a part of the camp and enjoyed it thoroughly. In the month of July, students shared about their experiences during the vacation time. After returning to the school with renewed energy drama students of primary have participated in an interschool competition where the performance was highly appreciated by the audience. Inter clan Street Play competitions



were also conducted for Classes IX and XII respectively. Students of middle and senior classes are preparing for new interschool competitions and the most important day for our country- the Independence Day play performance where they will be staging a play on an unsung hero.



Mr Vikas Sharma
Theatre Arts -Teacher



The month of May ended on a high note with Monkey Business, our much-awaited annual music showcase, held on the 17th May, 2025. The middle school choir delivered a vibrant performance of Wake Me Up by Avicii, featuring vocals, drums, guitar, and piano. The senior school band followed with crowd favourites like Dancing Queen, Blue by Yung Kai, and Yellow by Coldplay. The students' energy, teamwork, and confidence transformed the event into a musical celebration enjoyed by all.

In the primary grades, Grade V learned Ride by Twenty-One Pilots, focusing on vocal expression and rhythmic precision. They also concluded their Transdisciplinary Theme - Who we are by using Venn diagrams to compare Indian and Western musical traditions. Grade I concluded up their unit under the Transdisciplinary Theme - How we organize ourselves by exploring the roles musicians play within a community. With summer holidays approaching, many students shared their musical plans, while middle school Highlanders set summer goals for practicing instruments and refining vocal skills.

As school reopened in July, students revisited songs learned earlier in the year to ease back into musical routines and warm up their creative energies. A highlight of the month was the Inter-Clan Solo Singing Competition, held on 23rd July 2025 in the school auditorium for Grades XI and XII students. The event created a vibrant and melodious atmosphere, celebrating musical talent and individual creativity. Each contestant brought their unique vocal style and emotional depth to the stage, performing a diverse range of genres. Adding to the

charm and energy of the event, our esteemed judges—alumni and music faculty—gave special performances that captivated the audience. It was more than just a musical contest; it was a reminder of the power of music to bring people together, uplift spirits, and create lasting memories. The event left everyone—students and teachers alike—with a sense of joy, unity, and inspiration. It was truly a heartwarming and unforgettable experience that nurtured talent, built confidence, and strengthened the bonds within our school community.

Looking ahead, middle school students have begun preparations for the upcoming Independence Day celebrations, learning patriotic songs with great enthusiasm. Meanwhile, Grade IV students have launched into rehearsals for their upcoming August Front Desk Programme, learning songs such as Viva la Vida, Wavin' Flag, Jambo Bwana, and hymns like *My God is So Big and Showers of Blessing*.

Mr Shivam Srivastava
Western Music - Teacher

News From The Sports Arena



Celebrating Achievements on the Field & Beyond

July 2025 was an action-packed month for Scottish High International School, as our talented Highlanders showcased their skills in football, swimming, badminton, and skating. Here's a glimpse of their stellar performances.

Football – CISCE Regional Games

Our U-14, U-17, and U-19 Boys and Girls teams competed at the CISCE Regional Games held in Hoshiarpur, Punjab.

Results:

- Under 19 Girls secured 2nd position
- Under 19 and 17 Boys won 1st place
- U-14 Girls secured 2nd place

Highlanders selected for Nationals include:

Rivaan Barola (X E), Naman Gulati (X E), Yuvaraj Singh Sidhu (XI D), Rishit Sharma (XII D), Agastya Sharma (XII D), Khanak Sharma (VIII E), Suhana Singh (VII G), Kaira Kapoor (IX A), Muskaan Arora (XI B), Chhavi Bagga (IX F), Anika Ishank Jain (IX D), Joyrich Gangte (XII E), Aradhya Nigam (IX C).



Swimming – Regional Competition

Held at Mother Teacher International School, Barnala, Punjab on 26th July 2025

Highlights:

- Aryaman Suri (XI E) won 3 Gold Medals
- Kabir Bhasin (XII E) won 2 Gold & 1 Silver
- Nalin Chandra (X B) and Samriddhi Verma (XI E) won 3 Gold Medals each
- Pranshul Saroop (XII B) secured 1 Gold & 2 Silver
- Jashn Singh Bajaj (VIII E) won 1 Bronze; Krishay Juneja (VI G) & Ayana Srivastava (VI D) 1 Bronze each
- Dhvani Kinha (VI D) won 1 Silver Medal

Total Medal Tally: 12 Gold, 6 Silver, and 2 Bronze
All Gold and Silver medallists were selected for CISCE Nationals.

Badminton – CISCE Regionals

Held in Amritsar from 23rd to 26th July 2025.

Participants included Khushi Malik (VI E), Ajooni Kaur Randhawa (VIII A), Mudil Sachdeva (VIII C), Arjun Sinsinwar (IX B), Mishika Talwar (IX B), Ekaksh Chaudhary (XI B), Maanik Rao (X C), and Akshita Kumar (XI B).

Skating – SGFI Zonal Competition

Sehar Arora (X E) and Nishka (VII CSA) represented SHIS in the SGFI Zonal Skating Competition.

Sehar Arora won 2 Silver Medals and also qualified for the State Championship July was a month of outstanding sportsmanship, dedication, and achievement. We congratulate all our athletes and wish them success at the Nationals and beyond!

Mr Darshan Singh Gahallot
HoD Sports

Senior School Head

Full Throttle to Victory: Highlanders Conquer F1 Nationals

Every now and then, a moment comes along that makes our heart swell with joy and pride, not just as an educator, but as a part of a larger family. This month, that moment was gifted to us by our very own Grade 9 and 10 Highlanders, who have made the entire community beam with pride at the “F1 in Schools National Championship”.

In a competition that demanded precision, innovation, and unshakable teamwork, our two brilliant teams rose spectacularly to the occasion.

Team Nightmare and its participants, Ahaan Patheja, Safiollokh Avgonov, Ruaan Sharma, and Tejas Tawde showed us what fearless collaboration looks like. Their journey was one of

sheer perseverance and unity. They fought hard, stood tall, and were crowned National Knockout Champions.

And then, there was the extraordinary Team Apex Racing with Abeer Bajpai, Haque, Rishit Ryan Sarna, Pranit Jain, and Ayaan Gulati as participants, who truly left their mark in the competition. Among 91 teams, they didn't just participate; they dominated winning three prestigious awards: Fastest Car Award, Scrutineering Award and the coveted National Champions Trophy. They have now earned the honour of representing India at the World Finals in Singapore this September.

To our Highlanders-thank you for showing us the power of dreams when fuelled by discipline and determination. This triumph is not just a medal or a title. It is a moment that belongs to all of us.

We'll be cheering you on all the way to Singapore!

Go, Highlanders!



Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages



Modern Foreign Languages

Languages Came Alive in July!

Celebrating Voices, Cultures, and Confidence in the MFL Department.

July was no ordinary month in our school, it was a whirlwind of excitement, expression, and exploration in the Modern Foreign Language (MFL) Department. From confident speeches to quick-fire quizzes and joyful spelling challenges, students across grades came together to celebrate the beauty of languages beyond the classroom.

The month began on a high note with the vibrant celebration of French National Day- Le Quatorze Juillet. The spirit of France came alive as students dressed in red, white, and blue, sang French songs, and recreated iconic scenes from French history. The event wasn't just a celebration — it was a way for students to connect with a culture, understand its values, and express it in their own creative ways.

The spotlight then moved to our enthusiastic Grade VI learners, who took part in a Tongue Twister Challenge. Giggles echoed through the MP hall as students tried to twist their tongues around tricky French, German, and Spanish phrases. It wasn't about perfection, it was about participation, laughter, and discovering how fun learning a language can be. In contrast, the Declamation Competition for Grades IX and X brought a more powerful, passionate energy to the department. Students delivered moving speeches in French, Spanish, and German, speaking with clarity, emotion, and conviction. Their performances weren't just about pronunciation, they were about making the language their own, using it to express thoughts, beliefs, and ideas that matter.

Grade VIII had their moment to shine in the Inter-Clan Cultural Quiz Competition, where teams went head-to-head in a battle of brains and cultural knowledge. Questions ranged from traditional food to famous festivals, and students impressed everyone with their quick thinking and team spirit. It wasn't just about winning, it was about learning, bonding, and discovering how much we already know (and still have to learn!) about the world and respective target countries.

Rounding off the month was the lively Spell Bee Competition in French, German, and Spanish. With buzzing energy and eager faces, students spelt their way through words that challenged their memory and pronunciation. Whether they won or stumbled, each student walked away more confident in their language skills and proud of their progress.

This July, we saw something truly special, “languages bringing people together”, giving students a voice in a global conversation. Whether they were just starting out or speaking like pros, everyone had a chance to shine, laugh, and grow. Here's to many more months of language, laughter, and learning!



Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

Middle School (Grade VI to VIII)

identities, nurture passions, and build the confidence to express themselves.”

– Barack Obama

School is not just about books and exams its where young minds are nurtured, where values and extracurricular activities go hand in hand. For our Middle School students, July turned out to be a month full of energy, learning and meaningful experiences that went well beyond the classroom. Every Thursday, there is a session where the students engage in thoughtful class activities designed to build life skills and core values.



One such session, titled The Power of Being Courteous, focused on the impact of everyday gestures like greeting teachers or speaking kindly to classmates. Through open discussions and shared experiences, students came to understand how simple acts of kindness can shape a more respectful and caring school environment. These practices are slowly becoming habits, helping to build stronger bonds between students and teachers and creating a warmer atmosphere in our classrooms.

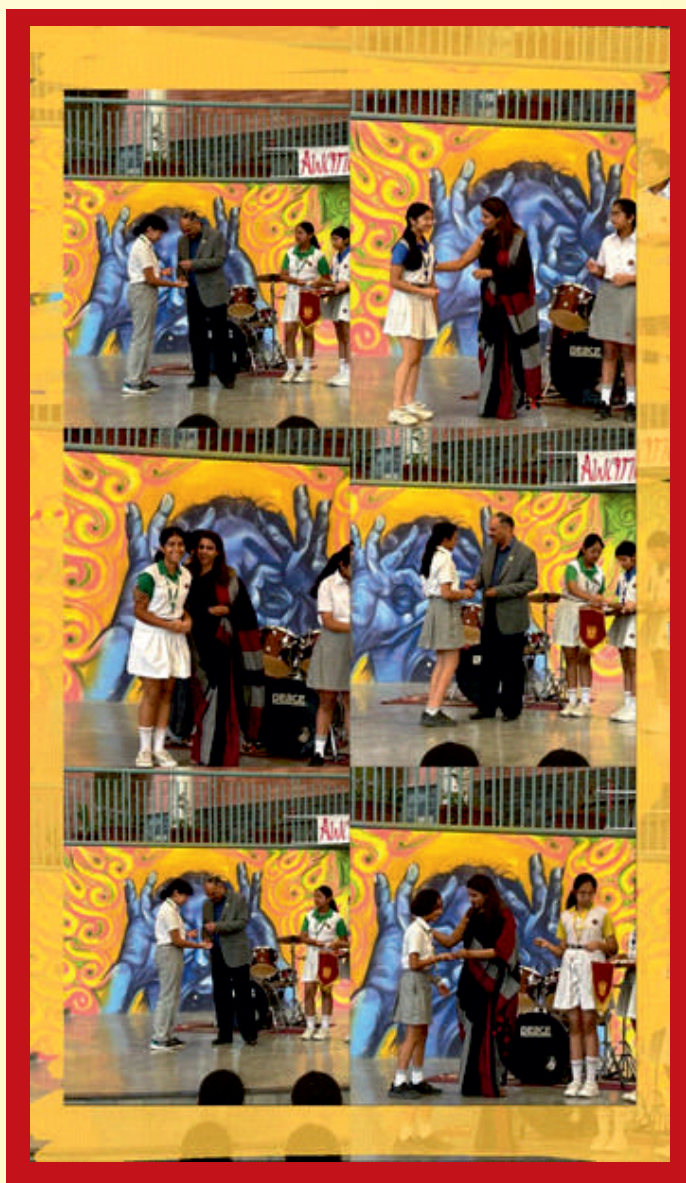
A key highlight of the month was the Badge Ceremony, where students who excelled in Unit Test 1 were recognised and celebrated. It was a proud and inspiring moment for all, encouraging students to strive for continued excellence.

Monday and Wednesday assemblies continued to be a favourite part of the week. This month, Grade VI (Sections D to G) and Grade VIII CS & ICSE (Sections A and B) confidently led assemblies on impactful themes like Time Management, World Environment Day, and Kargil Vijay Diwas. Assemblies were both informative and inspiring, making a lasting impact on their fellow students.

As part of the T-gelf initiative, students also engaged in various activities centred on kindness, empathy and compassion. These experiences not only nurture emotional intelligence but also promote a culture of understanding and mutual respect.

From thoughtful conversations to engaging stage performances, July was a month that helped our students learn more about themselves and the world around them. Beyond academics, these activities play a crucial role in developing leadership skills and shaping students into lifelong learners, grounded in strong values.





Ms. Geetanjali Ahuja
Middle School Coordinator

IGCSE

A Dialogue Delivery Showcase

Grade VII students took center stage in a dynamic English activity titled Dialogue Delivery, where creativity met performance. The task was simple yet powerful: each student pair was given a situation and asked to choose a genre—fantasy, sci-fi, horror, or suspense. They then had to write and deliver original dialogues, embodying characters and bringing scenes to life.

The classroom transformed into a mini-theatre as each group presented their work. Their peers watched closely, not just for entertainment, but to identify the genre and interpret what the

dialogue revealed about the characters. This pushed students to think critically about language, tone, and subtext.

The purpose behind the activity was to highlight the role of dialogue in narrative writing—how conversations between characters can reveal personality, build tension, and move a story forward. The students embraced the challenge with enthusiasm and originality. Their presentations were packed with humor, suspense, drama, and imagination.

This activity didn't just boost writing and speaking skills. It gave students a deeper understanding of storytelling mechanics and how writers use dialogue to craft compelling, believable characters. It was a vivid reminder that words, when spoken well can paint entire worlds.



Ms. Priyanka Jain
English Teacher

ICSE / ISC Bulletin

Frank Anthony Memorial Debate - Senior Category

On 14th July, 2025 I participated in the Frank Anthony Memorial Debate at St. Kabir's School, Hisar, speaking for the motion - Integrating AI into education will widen the gap between privileged and underprivileged students. Representing my school in this prestigious event was both an honour and a challenge and the debate pushed me to think critically, speak persuasively, and respond spontaneously.

Preparing for the debate involved thinking on my feet and framing a strong set of arguments along with sharp rebuttals under time pressure and without access to the Internet. I then faced a panel of experienced judges and articulate opponent and engaged with diverse perspectives from skilled speakers across schools which sharpened my analytical thinking and broadened my worldview. The experience strengthened my confidence, taught me to handle pressure with grace, and helped me fuel my passion for public speaking. It was a wonderful opportunity for me

to showcase my public speaking skill and one that I will cherish for a long time.

Avantika Palakeezhil, Grade XI ISC-E

Frank Anthony Memorial Debate – Junior Category

We recently attended the Frank Anthony Debate in Chandigarh, a spirited competition showcasing incredible oratory skills. Students passionately argued their points, demonstrating impressive research and quick thinking. The event was a testament to the power of a good debate, leaving the audience inspired and engaged. The topic was the usage of AI as a medium of education and the knowledge we gained was really beneficial. In the end we achieved the 2nd position and moved on to the next round.

Aarav Gupta and Aarav Upadhyay, Grade X ICSE-C

Why 2025 is the most rare and fascinating year you'll witness in your lifetime

Math AA HL

As the year 2025 began, curiosity and excitement arose, as it does every new year. People everywhere were eager to know what this unique year holds for them, and they are correct. 2025 indeed is unique... in the mathematical world. 2025 is a year filled with interesting mathematical properties, historical events, and cultural observations. 2025 is the 45th square number ($45^2 = 2025$), meaning it's the result of multiplying a 45 by itself, and the last square year being 1936 ($44^2 = 1936$). For many, 2025 may be the first and only square year they witness in their lifetime. The next square year, 2116 (46^2), is 91 years from now – a year that most of us will not live to see. The sum of its digits ($2 + 0 + 2 + 5$) is 9, which is not only another square number ($3^2 = 9$), but a number associated with completion, new beginnings, and spiritual growths. Surprisingly, 2025 can also be written as $(20 + 25)^2$. Interestingly, 2025 can be written as the sum of the first 9 cube numbers ($1^3 + 2^3 + 3^3 + \dots + 8^3 + 9^3 = 2025$) and can additionally be written as the square of the sum of the first 9 natural numbers ($(1 + 2 + \dots + 8 + 9)^2 = 2025$). This is known as Nicomachus' Theorem, where the sum of the first n cube numbers is equal to the square of the sum of the first n natural numbers.

IBDP / IBCP

Zombie Ants: When Fungi Takes Control

Biology HL

Deep in tropical forests, a sinister drama unfolds underfoot where ants turned into zombies by a mind-controlling fungus. This is the world of *Ophiocordyceps unilateralis*, a parasitic fungus that hijacks an ant's nervous system, forcing it to climb to an ideal height before killing it, and then sprouting a spore-filled stalk from its head.



The fungus invades an ant's body and releases chemicals that manipulate the insect's brain. Once the ant climbs up vegetation and clamps its jaws onto a leaf or twig in a "death grip," the fungus kills it and grows outward, releasing spores to infect new victims. This precise positioning increases the chances of spores raining down on more ants below.

Scientists study zombie ants to understand how parasites can control animal behaviour. This fungal trickery offers insights into neurobiology, chemical signalling, and evolutionary arms races between parasites and hosts.

Though it sounds like science fiction, zombie ants are a chilling reminder of nature's complexity, and how life forms can evolve incredible strategies to survive, even by turning others into unwilling accomplices.

- Navya Chaudhry, Grade XI-IBDP-B

Mathematical Beauty of year

2025

$$(20 + 25)^2 = 2025$$

- Tejaswat Singh Chauhan, Grade XI-IBDP-B

The Cambrian Explosion: Diversity's Mysterious Big Bang

Environmental Systems & Societies HL

The Cambrian Explosion is described as a period, roughly 430-445 million years ago at the beginning of the Cambrian period, of rapid diversification where most major animal phyla suddenly appeared. Geologically, it was a very short period for such advanced life to suddenly spawn on Earth, lasting only around 13-25 million years, hence being named an 'explosion'. Prior to this period, life was merely single-celled organisms or soft-bodied multicellular beings, mostly marine life. The Cambrian explosion introduced organisms with hard shells and exoskeletons, brains, blood vessels, etc, although all of the animals from that period are extinct, only discovered as fossils. Scientists believe certain factors like increased oxygen levels, shift in tectonic plates and availability of nutrients, genetic development (like Hox genes) may have induced the



'explosion' but the exact reasons are still debated. Fossil sites like the Burgess Shale in British Columbia, Canada provide insights into ancient marine life, helping scientists come to a conclusion. The Cambrian Explosion remains a cornerstone of diversity in environmental science, offering vital insights into the early evolutions and complex life of Earth.

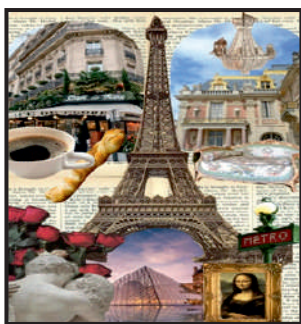


- Samira Singh, Grade XI-IBDP-B

Learning French

French SL

Learning French is a wonderful choice for many students.



First, French is spoken on every continent, so it opens doors to travel and global friendships. Second, French is called the language of culture - it gives access to beautiful art, music, literature, and delicious food. Thirdly, knowing French can help your career, MNCs always value a foreign language. Moreover, French words sound musical and elegant, making learning

playful and inspiring. By choosing French, you don't just study a language; you discover a new world full of beauty, opportunity, and connection with people around the globe. French is often called the language of love because of its soft, musical sound and poetic words. Its elegant phrases turn expression into art. Words like "belle" (beautiful) and "merveilleux" (marvelous) make ordinary things sound magical.

French is spoken around the world and opens doors to rich culture, fashion, and music. Famous quotes like "La vie est belle" and "jusqu'a bout" remind us how simple words can inspire. Learning French is not just about grammar - it's about feeling its charm and melody. This beautiful language connects people and cultures, making the world feel more romantic and fuller of life.

- Hetavi Doshi, Grade XI-IBDP-B

CSR initiative Project DROP (Dispose Responsibly of Plastic)

As part of its CSR initiative Project DROP (Dispose Responsibly of Plastic), KIA conducted an impactful plastic awareness workshop to educate participants about plastic waste and sustainability. The session highlighted the growing environmental threat posed by non-recyclable plastic and introduced KIA's unique solution—setting up specially designated "Dust Zones" to collect such waste. These Dust Zones will serve as collection points where non-recyclable plastic will be gathered and later transformed into durable furniture items. The workshop also featured a creative and engaging street play enacted by volunteers, dramatizing the life cycle of plastic and the consequences of irresponsible disposal. Through humor and storytelling, the play effectively conveyed the urgent need for responsible waste management. The event aimed to not only spread awareness but also empower communities to be part of the solution. KIA's Project DROP reflects its broader commitment to sustainability and social responsibility, encouraging people to contribute to a cleaner, greener future by supporting the initiative and adopting responsible practices.

- Saanvi Mehta, Grade XI-IBDP-B

Pure Hearts initiative

Volunteering at the medical camp hosted by our school and the Pure Hearts initiative for the school staff was an eye-opening experience. I had been assigned to the blood sugar testing stall. I was to record the patients' blood sugar readings accurately and help with coordination between the testing team and visitors. This experience taught me the importance of attention to detail in healthcare, where one small error could affect someone's understanding of their health. This was particularly important as some patients were hesitant to disclose their tobacco or cigarette use, so we had to remain observant and attentive to possible indicators. We also distributed brochures on quitting smoking, tobacco-related health risks, and breast cancer awareness to help educate the community. Additionally, we had the opportunity to converse with the many individuals present there. Speaking to them, I gained a deeper understanding of the challenges faced by the many who have limited access to healthcare. Interacting with them helped me develop greater cultural sensitivity and empathy.

- Navya Chaudhry, Grade XI-IBDP-B

AI internship for young achievers at NUS

Attending the AIYA program at National University of Singapore was truly an enriching experience for me. With the recent rise of AI and autonomous technology in all fields and areas of society, I believe this experience was something that I most definitely needed in order to fully . This internship helped me learn about exactly what machine learning is and how to build various machine learning models for classification and regression problems.

Through python and the no-code software, Orange, I was able to work with large datasets and variables with complex relationships to build models which can perform operations to define their characteristics and therefore, which can ultimately predict a specific outcome. The first five days involved understanding the theory and the various types of ML models and how they work and the following five days consisted of hands-on project work where we, in teams, picked our own dataset and built models to predict outcomes and find the most efficient one. Overall, this nearly two-week experience truly taught me not only the theory behind machine learning, which is the basis of AI, but also how to build my own convoluted predictive models and apply them to solve real-world problems.

- Arshia Sharma, Grade XII-IBDP-B

Food and Cultural Fest

In a school year filled with deadlines and academic pressure, the Food and Cultural Fest stood out as a rare moment where learning felt creative, and connected. My group included students from Business Management, Economics, and Visual Arts, Psychology and together, we were assigned to represent South Korea and Japan. Whereas the other groups represented Italy, Vietnam and Various parts of India. We focused on how skincare brands from these countries could be introduced into the Indian market, the cultural influences, identity, while also showcasing Kintsugi as a symbol of beauty in imperfection. Further what stood out to me most was how various/different culture shapes the way people think behave and interact. Furthermore, there was a visit of Chef Thierry Le Baut a renowned international chef who came to review, observe, and offer feedback on this fest. His perspective added immense value to the experience he not only judged the culinary aspects but also appreciated the cultural and conceptual importance of our efforts. This fest reminded us that learning goes beyond the classroom. It allowed us to explore global cultures with curiosity and respect. As the anthropologist Edward T. Hall once said, "Culture is not one aspect of life — it is the lens through which life is viewed." This fest made that clearer than ever.

-Ananshya Dhar, Grade XI-IBCP





Community Outreach and CAS

Compassion, Awareness & Student Leadership in Action

At Scottish High International School, service and social awareness are not just ideals – they are a way of life. July 2025 witnessed two impactful CAS initiatives that showcased compassion, responsibility, and student leadership in creating a better and healthier community.

Compassion in Action: When School Becomes Family

On 5th July 2025, the school, in collaboration with the Pure Hearts Foundation, organized a Free Medical Camp dedicated to the health and well-being of our support staff – the unsung heroes who ensure the smooth functioning of our institution.

The camp offered vital medical services including blood pressure and sugar monitoring, blood tests, X-rays, mammograms, oral and dental check-ups, and preventive screenings like Pap smear tests – all free of cost. Medical professionals from the Indian Cancer Society and the SHIS Medical Team ensured a high standard of care. Adding a personal touch, students from Grades XI and XII volunteered to manage registrations, guide participants, assist with procedures, and distribute health pamphlets. Their empathy and dedication reflected the school's commitment to service learning and community care.

This initiative was more than a health outreach – it was a celebration of gratitude, compassion, and togetherness.

World No Tobacco Day – Unmasking the Appeal

On 29th May 2025, the school observed World No Tobacco Day under the theme “Unmasking the Appeal – Tobacco Kills: Be Smart, Don't Start.”

Health Champions visited classrooms from Grades IX to XII, leading students in pledges to reject tobacco use and encouraging discussions on industry tactics, peer pressure, and the importance of making healthy choices.

Student-led activities brought the message to life through posters, slogans, poems, digital creatives, and a powerful drama depicting the devastating effects of tobacco addiction on individuals and families.

To extend the campaign beyond school walls, a rally was organized on 24th July 2025, with students spreading awareness in the community about the dangers of tobacco. Principal Dr. Sanjay Sachdeva commended their creativity and urged them to use social media to amplify the message.

Key Message

Through initiatives like the Free Medical Camp and World No Tobacco Day, Scottish High students demonstrated that compassion and awareness are the cornerstones of meaningful action. Together, they proved that every effort – whether caring for those who care for us or raising voices for a healthier future – makes a difference.

Ms. Kavita Yadav
CAS Coordinator

The World of Economics

How does a cut in the repo rate affects the different stakeholders of an economy?

India has recently become the world's fourth-largest economy surpassing Japan. This success comes alongside a key decision by the Reserve Bank of India (RBI), which lowered the repo rate by 0.5% on June 6, 2025, reducing it to 5.5%. This rate cut is meant to help the economy grow even faster and supports India's strong economic progress.

So, how does this connect to the “India rising” story? Lowering the repo rate—the rate at which banks borrow from the RBI—makes loans cheaper for banks, which then pass on the benefit to households and businesses through reduced loan interest rates. This triggers a domino effect: families find it easier to buy homes, cars, and fund education; small businesses and startups get more affordable credit for expansion; and companies invest more confidently in new projects. This further leads to an increase in the GDP of the nation, creating jobs and strengthening the economic engine.

Of course, there are trade-offs. Savers may see slightly lower returns on fixed deposits, but why? When the Reserve Bank of India (RBI) cuts the repo rate—the interest rate at which it lends money to commercial banks—lowers the banks' borrowing costs. With cheaper access to funds, banks typically reduce their lending rates to customers. But to maintain their profit margins, they also often reduce the interest rates they pay on deposits, including fixed deposits (FDs).

The logic is simple: If banks can borrow money more cheaply, they don't have to offer as high an interest rate to attract depositors' funds. Hence, after a repo rate cut, new FDs are usually offered at lower interest rates compared to before. This has become evident in 2025, where the RBI cut the repo rate multiple times, bringing it down to 5.5%, and banks responded by reducing FD rates by 30 to 70 basis points.

Ms. Neha Gupta
Economics Teacher

From The Counsellor's Desk

“The art of teaching is the art of assisting discovery.” - Mark Van Doren

The last few weeks at Scottish High International School have been active and vibrant with learning and student activities. The counselling department, partnering with other departments conducted sessions with the themes of awareness, empathy and future preparedness.

The Students of Grade VI and VII participated in an informative workshop on digital safety and good online behavior. This workshop provided students with information on online safety and empowerment, including active sessions which is very important in today's world. Students were able to commit to responsible and balanced use of technology and the digital world.

Mr. Vikram from Plaksha University spoke to students of Grade XI and XII on the topics of the 3rd industrial revolution and cyber physical systems. He was able to spark students' imagination and motivate them to rethink technology with real life case studies.

A unique counselling session held with Grade VI students at the beginning of the summer vacation was aimed at emotional reflection and active holiday planning with meaning. The students used a Mood-o-Meter to express their emotions and their understanding of feelings is broadened. A summer self-care calendar and digital detox concepts were also introduced along with wellness reminders about hydration, nutrition, exercise and family time. During the commemorations of Kargil Vijay Diwas, Grades VI and VII participated in a thought provoking rakhhi making activity. Students made handcrafted rakhis conveying gratitude for those defending our freedom creatively merging patriotism and creativity. A session on food waste management emphasized sustainability for Grade VI through segregation and nature's techniques of recycling leftovers. An interactive game reinforced how small actions create big environmental impacts. Another talk challenged beauty stereotypes through organic beauty products, sparking discussion and awareness. Senior students were provided with essential university and career counselling through a series of informative sessions. Ms. Tanushree Bhattacharya provided an insight into UBC's programs, scholarships and overall life. Athena Education on life skills and building a competitive profile for university applications. University of Birmingham, Imperial College London and University of Nottingham shed light on university application.

Reflecting on a new term back from the long summer break, the session 'Unpacking June and turning towards gratitude' merged positive psychology and self awareness. The students took time to pause and reflect on their holidays and discuss recent national events and movements in an open

and candid session. Empathy, civic sense and being a responsible citizen were the key topics of the session. The students also had a brief introduction to the world of gratitude through a quiz.

We hope that these experiences are building bridges. From digital safety and security to open minded and compassionate patriotism, from emotional well being to short and long term academic goal setting. We are shaping our students to be active and positive change makers in the world!



Dr. Neha Singh Maurya, HoD, Counseling
Ms. Priyambada, School Counselor

शिक्षा – एक दीप, एक दिशा

शिक्षा है एक दीपक पावन,
जो कर दे जीवन को सावन ।
अज्ञान का जो तम हरती है,
हर मन में रोशनी भरती है ।

शिक्षा से बनता है इंसान
पाता है अपने जीवन की पहचान ।
यह केवल किताबी ज्ञान नहीं,
बल्कि सोच, विवेक और पहचान है सही ।

बचपन से ही डालो आदत
सीखो सच्चाई, प्रेम, इबादत ।
शिक्षा न हो केवल अंक की दौड़,
बल्कि बने वो इंसानियत की छांव ।

जिसके पास हो शिक्षा सच्ची
वो ना करे भेदभाव की उंगली ।
न हो धर्म, जाति का बंधन,
हर दिल में हो समता का स्पंदन ।

शिक्षा दे कर्म की प्रेरणा,
बना दे जीवन को साधना ।
नारी हो या नर कोई,
शिक्षा से कमजोर न रहे कोई ।

शिक्षा ही समाज का दर्पण है
राष्ट्र की उन्नति का साधन है ।
हर बच्चा पढ़े, यही सपना हो,
हर कोना रोशन, यही अपना हो ।

तो आओ करें हम यह वादा,
हर बच्चे तक पहुंचे शिक्षा का धागा ।

निरक्षरता को करें विदा,
ज्ञान से रचे नया सवेरा, नया सृजन, नया इरादा ।

भावना राजपूत
हिन्दी व संस्कृत समन्वयक



From Our Budding Writers

A Tapestry of Words

They say the Chinese eat with skill,
 Yet not all share the same food still.
 Not every Mexican wears a hat
 Or speaks with words like sí and that.
 A cowboy's not the only role
 Of every man's from Texas soul.
 Not all Africans dance and sing—
 Their stories go beyond the swing.
 The French are chic with wine and cheese,
 Yet not all live with such grand ease.
 They say Italians speak with flair,
 Hands waving wildly in the air.
 But culture's more than gestures bright—
 It's history, pride, and quiet fight.
 The Indian man, they think, must pray
 In temples or by rivers sway.
 But culture's rich in ways unknown,
 In every meal, in every tone.
 Not every Arab wears a cloak
 Nor always prays beneath the oak.
 And though the Irish love their cheer,
 Their past is one of pain and fear.
 We wear these labels all too tight
 And miss the heart, the soul, the light.
 For every culture, rich and vast,
 Is built on stories long to last.
 Beyond the stereotypes we face,
 There's depth and strength in every place.

Samaiara Jain, Grade VI-C

TIME

.As each second the clock does chime,
 we move on with time.
 It waits for none,
 so get things done.
 Each second, minute and hour does matter,
 It's like a message to move on sealed in a letter.
 Time keeps flowing,
 never slowing.
 The same moment doesn't come again,
 the same tree won't be in the exact position on some other
 lane.
 A week, month or a single date is important,
 so don't be late.

Whatever you do, rest or play,
 time passes day by day
 Each moment bright or dull,
 you can make better by being punctual.
 Every second is vital,
 and in its own way very beautiful.

Kaashvi Uppal, Grade VI-C

Summer Break

Summer holidays are the awaited time for every student. It is the most enjoyable moment of the year. students often get lots of homework at that time. It is a break from school, teacher and specially homework. Some enjoy by going to other place while some enjoy by staying at home.

Summer is the warmest season of the year. Every student gets a one month holiday in summer. Summer break are given for exploring new hobbies such as reading, baking skill, playing musical instrument, art and craft, dance, singing and swimming. While summer breaks are for relaxing, it is a good time for learning too. With all of these you can explore our nature or may be thanking the nature for giving us air to breathe, food to eat, land for making shelter and medicine to heal. Some student also visit some places like visiting your native village, any other country or state. But some who do not go anywhere they stay at home and enjoy with their cousin.

I just wanted to express that enjoying summer break and relaxing is okay but utilising it and preparing for next term exam are also good. If we do both the thing in the summer it will be good for us.

Samaira, Grade VII-C

The Final Step

She walks out the door
 And looks down the cliff,
 Her eyes fall on the shore.
 The most beautiful sight,
 Calling out to her,
 To take the scariest flight,
 How grim it all appears.
 And yet her mind reminds,
 The few memories she holds dear.
 This game of life is
 Far too long to endure
 And the exit, far too near.
 Feeling her teeth clench,
 She takes a sharp breath
 And finds herself at the edge.
 "Just one more step,
 You've taken millions before."
 "Just one more step," she says to assure.

At long last
She succumbs to the lure.

Kenisha Kaur Roy, Grade X-C

In A Sentimental Mood

Have you ever come across a song or a picture that made your heart ache in the best way? That sudden rush of memories, a sentimental longing for the past, that evokes emotions like joy and sadness, at times guilt. This powerful reminder of who we once were is known as nostalgia. It's a feeling that connects us to the old us and the people who made those times special. Even though those moments have passed, they live forever in our hearts. These memories give us hope and comfort when we need it the most, reminding us to appreciate life. Though we once lived through the moments that made us lose our spark, their memories now remind us of how much stronger we've become, making us truly proud of ourselves. Every life stage encounters nostalgia whether in student years or adulthood. Students might recall memories of childhood friendships alongside their first school day. Adults frequently remember their college years and initial jobs. The elderly, look back at their family interactions and their youth. Nostalgia delivers comfort and a sense of belonging to all individuals regardless of their age. The people we've cherished throughout our lives, we might leave them behind and move on. Nostalgia is not just about remembering, it's about feeling that has the power to heal, to inspire. In a constantly changing world, nostalgia is what keeps the past alive within us.

Jiyana Khanna, Grade X-D

गर्मी की छुट्टियाँ ☀

छुट्टियाँ जब आई घर में, खुशियाँ साथ लाई,
ना स्कूल ना होमवर्क था, सबको राहत आई।
आम, बर्फी, ठंडी चीज़ें, सबने बहुत खाई,
सैर-सपाटा, मज़े बहुत थे, मम्मी भी मुस्काई।
नानी के घर जाना अच्छा, कहानियाँ सुनना,
हर दिन था मज़ेदार, बस खेलना और घूमना।
कोई पहाड़ों के लिये निकला, कोई समुंद्र किनारे,
छुट्टियाँ हैं यादों की पोटली, जो दिल में उतारे।

नव्या लद्धा
कक्षा दसवीं

सही और गलत

सही और गलत, के इस जंग में
मनुष्य जीवन माई तेज चलते रहते।
आखिर कब तक सब इन विचारों में खोये रहेंगे
और इस मानसिक संघर्ष का भोज सहेंगे।
दोनों के बीच का अंतर कोई नहीं जानता,
बस अपने दिमाग को इन खयालो से मशगूल रखते।
पूरा जीवन इस जंग में व्यर्थ करते,
और अंत तक इसी सोच से डरते।
सही और गलत, के इस जंग में
सब अपनों को अपने से दूर करते जाते,
दिमाग के भ्रम से विचारहीन होते,
और यह ख्याल इनको जीवन में विकास से रोकते।
सही और गलत के इस जंग में, मनुष्य जीवन में तेज चलते रहते हैं।

सिया गुप्ता
कक्षा दसवीं

प्रकृति की गोद में

हरी-भरी वादियाँ, नीला आसमान
पक्षियों की चहचहाहट, सुंदर सा गान।
पेड़-पौधे, नदियाँ और बहता झरना,
प्रकृति है जीवन, इसका ना करना मज़ाक।
सूरज की किरणें जब धरती पर छाप,
फूलों की खुशबू हर कोने में आए।
चाँदनी रात में जो सुकून है मिलता,
प्रकृति से सुंदर कुछ और ना दिखता।
पर इंसान भूल गया है ये उपहार,
.काट रहा जंगल, कर रहा है वार।
गंदा कर दिया है नदियों का पानी,
भूल गया जीवन की सच्ची कहानी।
अब भी समय है, संभल जाओ,
प्रकृति को बचाने के कदम उठाओ।
पेड़ लगाओ, नदियाँ साफ़ रखो,
धरती माँ को फिर से स्वस्थ रखो।

मायराह शर्मा
कक्षा दसवीं



F1 - Movie Review

F1: The movie is an enthralling, meticulously curated blend of drama, action and stunning visuals, making it a universally engaging experience — based on Formula 1. The star-studded cast, alongside chart-topping artists featured on the movie's soundtracks, seizes the attention of moviegoers across a broad spectrum.

The movie is produced by the man who dominated the sport, none other than Lewis Hamilton. It is directed by Joseph Kosinski, whose past works include the critically acclaimed *Top Gun: Maverick*.

Brad Pitt portrays the role of a 50-year-old, overconfident yet charismatic Sonny Hayes, who was once considered a promising racing phenom but met with a terrible accident during a Grand Prix. Consequently, he vanishes from the spotlight until 30 years later, when he is offered the opportunity to pursue his lost dreams of being an F1 champion. His co-star, Damon Idris, plays the role of Joshua Pearce, a young, naturally gifted rookie desperate for a breakthrough. They partner up to race for team APX-GP with their eyes set on glory.

The film's cinematography is no short of absolute brilliance. The dynamic camera angles make you feel like you are living each lap. Moreover, the film is shot in IMAX format, adding to its immersive quality. The movie follows the classic Hollywood blueprint by taking creative liberty to modify traditional technicalities of Formula 1 in their manner, which makes perfect sense with the point of it being entertaining rather than informative. While Formula One fanatics might find it oversimplified, *F1: The Movie* certainly succeeds in capturing the spirit of the sport, delivering an easy-going ride.

Suhanee Achra, Grade XI-E

Why do we feel nostalgia?

In the late 17th century, Swiss mercenaries serving abroad were struck by a strange illness. Its symptoms—fatigue, insomnia, irregular heartbeat, indigestion and fever—were so severe the soldiers often had to be discharged from duty. Medical student Johannes Hofer discovered the cause wasn't physical, but an intense yearning for their mountain homeland. He named it nostalgia, from the Greek *nostos* (homecoming) and *algos* (pain).

At first, nostalgia was considered a particularly Swiss affliction. Some doctors proposed that the constant sound of cowbells in the Alps caused trauma to the ear drums and brain. Commanders forbade soldiers from singing Swiss songs, fearing it would lead to desertion. But as migration increased, nostalgia appeared worldwide. By the early 20th century, doctors stopped viewing it as a neurological disease and saw it instead as a mental condition similar to depression.

Everything changed when scientists realised nostalgia's symptoms were correlated with, not caused by, the emotion. In fact, nostalgia became recognised as a poignant and pleasant experience. Marcel Proust famously described how tasting a madeleine cake “triggered a cascade of warm

and powerful sensory associations” from childhood. Studies now show nostalgia boosts self-esteem and social belonging, encourages psychological growth, and even makes people act more charitably.

Sure, nostalgia can feel bittersweet, but it's not about getting “stuck” in the past. It's about remembering who we are, where we've come from, and most importantly finding the courage to move forward. So next time you find yourself lost in a memory, don't push it away. Embrace it. Your past might just be the key to a brighter future.

Prisha Abrol, Grade XI-IBDP-A

Timelessness

When one thinks of the architecture of Delhi, there is a high likelihood that two images pop into their minds. One of the pink sandstones of Delhi's mughal buildings, or of the classical style of Lutyen, which dominates the secretarial sector of the capital. However, there is one architectural style of Delhi, which is spoken about less often by residents of the city, but is recognized all over the country for introducing this perennial architectural style to the rest of the country. A style that has no age, consisting of barren concrete monoliths, which seem both practical and aesthetic. A brutalist building can look like it's from the 1950's, or from the future. Examples of this style in Delhi are buildings such as the IIT campus, Palika Kendra and Tibet House. Brutalist buildings are generally categorised by a lack of colour and boxy shapes. A critic of this style could say they resemble the thermocol that comes with a brand new TV, due to how bland and hostile these buildings can look. Despite these criticisms, there is a sort of beauty in the boring. These buildings look imposing, almost threatening, yet graceful at the same time. Brutalist structures are utterly hypnotizing, due to repeating patterns, cold colours and a feeling that the building doesn't seem to care about you. They stare back intensely and ruthlessly. A strange way to speak of what could be somebody's house, but the only words that can capture the timeless essence of this architectural approach.

Harsh Kashyap, Grade XI-IBDP-A

The Gentle Weight of Yesterday

There is still something magical in memories. Sometimes without warning, they will appear like soft echoes—a song carried far away from a cafe, the smell of your grandmother's kitchen, a look down a school hallway bathed in sunlight. Collapsing time, you are no longer where you are. You are there, in a time that was once ordinary but is now golden in your mind.

Nostalgia doesn't knock. It sneaks up on the back of a childhood photograph, a scribbled letter, or an old, dusty trinket in a drawer full of dust. It's the warmth of a summer afternoon spent riding with friends. It's the anxious laugh

before giving a presentation in class. It's the last day of school, when we smiled along with the goodbyes we didn't yet know would be so important.

Memories are strange like that. They fade with the years, yet some stay as clear, as if photographs in colour, pulled fresh from the past. They continue reminding us of ourselves then—foolish, questioning, sometimes terrified, always optimistic. And as the rest of the world continues marching forward, memories are a quiet place we can return to, where all remains the same and hearts are light.

Nostalgia is not longing to go back. It's recalling the moments that formed us. It's understanding that every laugh, every tear, and every embarrassing stage led us to where we are today.

Finally, memories are not narratives. They're reminders of time. They remind us that moments can pass, but they never really pass. They exist in the depths of our minds, ready to be relived on slow days, quiet nights, and quiet bus rides.

And sometimes that's all we need—to remember that we once lived them, and that they mattered.

Mehr Kaur Aulakh, Grade XII-IBDP-A

LIVING YESTERDAY

On my desk I negotiate, negotiate with time to take a sigh of relief. Procrastination is luscious and intoxicating but the hangover is devastating. Tensed, I stroll around the room searching for ideas. Regrets and taunts have tainted my thoughts but my mind is as hopeful as it is in the last one minute of my mathematics exam. I do not even realise when I freeze in the moment and the next thing I see is a milky landscape shrouded by a grey cast. Instinctively I grab my camera and sprint outdoors. A little zooming in and the sky blends in with the concrete tower. I pan it upwards and an airplane coincidentally appears becoming a tiny detail in the watercolour sky. I also capture the trees and the airplane, a sort of pleasant juxtaposition. The airplane passes by but I still have more to take from the stillness of this scene. The clouds float in a rhythmic manner, gliding across the urban backdrop leaving a fluorescent trail. Birds follow the lead through the renewed openness. There is a deafening silence but significant relief in knowing that I will spend the rest of the evening binge watching some old shows. I let that sink in. How has it been five years since this already?



Snigdha Saxena, Grade XII IBDP-B

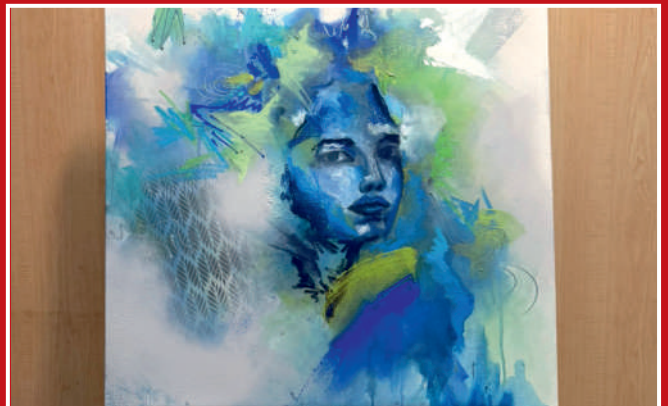
Times New Roman – The Timeless Typeface

Look closely at the world around you. Pay attention to the details: the textbooks you pore over, the assignments you write, and even the very words you are reading, all share the Times New Roman font. A font present everywhere and recognisable to anyone, a true example of timelessness. Designed nearly a century ago for the Times newspaper in London, Stanley Morison focused on making the typeface easy to read, even in small sizes and large chunks of text. The font is easy to follow due to the small feet or serifs at the bottom of each letter, which guide the eye across the page. What makes this humble font so popular? It is professional and authoritative, without being too 'fancy'. When the digital age came around, Times New Roman became a default font, finding its place in everything from academic papers to official documents. This universality has made it one of the most recognisable and trusted typefaces globally. This invisible font never demands attention; it allows the content to speak for itself. In a world run by new trends and designs, Times New Roman remains a reliable classic. Timelessness lies in simple, intelligent design that serves its purpose efficiently, decade after decade.

Aditi Gupta, Grade XII IBDP-B

A Creative Perspective

Saanvi Mehta, Grade XI IBDP





OUR FEARLESS PROTECTORS - A TRIBUTE TO THE INDIAN ARMY

**From The Snow-Clad Himalayas To Tamil Nadu 's
Shore, They Guard The Land Forever More**

**In Silent Patrol Or Battles Roar, The Indian Army
Stands At The Core**

**With Determination Carved In Every Stride, The
Enemy Has No Choice But To Hide**

**No Storm To Fierce No Mission To Long, Their
Hearts Are Steel Their Will Is Great**

**Through The Blazing Summer And Winters Chill,
They Train With Unrenteling Will**

**For Every Child's Faith And Mothers Prayer,
They Fight With Faith With Utmost Care**

**Not For Glory Not For Fame, But For Our
Tiranga And Bharat Mata's Name**

**They Leave Behind Both Fear And Rest, With
Honour Shining On Their Chest**

**Their Stories Echo Through The Years, Of Great
Sacrifice And Silent And Hidden Tears**

**Yet Never Once Do They Mutter A Complain,
They Bear The Great Burden Face The Pain**

**O Bharat Mata Stand Up And See, These Brave
Are Why We All Your Children Live So Free**

**So, Bow Your Heads And Lift Your Voice, And In
All Circumstances Make This Choice**

**To Honour Them Both Near And Far, Our Brave
Soldiers The Best Of Who We Are**

**For While They Stand Determined We Rise As
One, Inside Us The Light Of Freedom Never Done**

Anay Sharma, Grade VI-B



Chinmaya Mission At Scottish High

The 16th Chinmaya Gita Chanting Competition, organized by Chinmaya Mission, was successfully held in Scottish High International school on Saturday, 19th July 2025. The event witnessed the enthusiastic participation of over 500 students from various schools across Delhi NCR, making it a truly grand and spiritually uplifting occasion.

The primary aim of the competition was to instill moral values and spiritual wisdom in young minds through the chanting of verses from the Bhagavad Geeta. The school campus echoed with devotion and discipline as participants recited the sacred shlokas with clarity, confidence, and heartfelt reverence.

The event concluded on a positive and reflective note, celebrating not merely a competition, but the collective spirit of learning, devotion and inner growth.



Hindi / Sanskrit Department



**SCOTTISH HIGH
INTERNATIONAL SCHOOL
MODEL UNITED NATIONS
SHISMUN 2025**

"The future belongs to those who believe in the beauty of their dreams."

- Eleanor Roosevelt

Scottish High International School commemorated the tenth edition of its flagship Model United Nations conference, SHISMUN '25', on August 2nd and 3rd, 2025.

Marking a decade of student-led diplomacy and academic excellence, the conference brought together over 500 delegates to engage in meaningful dialogue across thirteen thoughtfully curated committees. Months of meticulous preparation, led by a driven Secretariat and Organising Committee, alongside steadfast guidance from faculty mentors, culminated in a weekend that showcased the true spirit of collaboration and critical thinking.

SHISMUN'25 was a true embodiment of Scottish High's ethos - Interrogo, Percipio, Adicio - to question, to understand, and to apply. The conference reflected the school's commitment to nurturing global citizens who challenge norms and think beyond the ordinary.

True to this spirit, SHISMUN '25 broke convention with its range of committee experiences, from intense historic recreations like the

Battle of Purandar to debates on cryptocurrency crime under UNODC. With a lineup that balanced classical UN bodies and niche councils, the conference offered something for every kind of delegate. First-timers benefited from mentorship programs that paired them with seasoned Executive Board members, while crisis committees kept adrenaline high through real-time updates like those in the Entebbe hijacking simulation.

The second day of Scottish High MUN 2025 witnessed a culmination of rigorous debate, well-drafted resolution papers, and meaningful feedback. Delegates, after a day of collaboration and compromise, brought forth comprehensive resolutions that addressed complex global crises with depth and originality. Each committee reflected the spirit of the United Nations—balancing national interest with collective responsibility. The International Press captured the intensity and nuance of committee proceedings, portraying the added insightful journalistic layer to the conference. Executive board members held post-session feedback rounds, offering personalized insights that helped delegates reflect on their performance and refine their skills.

The Closing Ceremony, held on the evening of 3rd August 2025, was a celebration of effort, intellect, and collaboration.

Awards were presented across all committees, acknowledging Best Delegates, High Commendations, and Special Mentions. Scottish High International School was declared the overall Best Delegation with an impressive 39 points. Amity International School, earned the Best School Delegation with 23 points.

The ceremony concluded with a powerful closing address by Secretary General Karandheer Gahlot, who thanked the Secretariat, faculty, and participants for making SHISMUN 2025 a resounding success and a final gavel bang marked the official close of the conference.



*Photographed and compiled by
Swarnika Joshi
USG Communications
Siya Joshi
Deputy USG Public Relations*

**Ms Bhawna Dhull
HOD, Social Science**



Our MUN Achievers

United Nations Human Rights Council (UNHRC)

Special Mention:

- Austria (Esh Saraswat)

Union of European Football Associations (UEFA)

High Commendation:

- Real Betis Balompié (Shlok Janghala)

Federation Internationale de l'Automobile (FIA)

Special Mention:

- Lando Norris - McLaren (Divyansh Anand)

Lok Sabha

Best Delegate:

- Rahul Gandhi (Harsimar Singh)

High Commendation

- Narendra Modi (Ojas Lath)

Central Board of Secondary Education (CBSE)

Special Mention:

- Representative, DAV Schools (Emya Jain)
- Representative, Ministry of Youth Affairs and Sports (Inayat Kaur)

Historic Government Cabinet Meeting (HGCM)

Best Delegate:

- Home Minister (Rivan Barola)

Special Mention:

- Chief Minister of Tamil Nadu (Abeer Singh Gujral)

Joint Historic War Council (JHWC)

Shivaji War Council

Special Mention:

- Yesaji Kank (Anay Sharma)

Munich Conference

High Commendation:

- Karl Doniz (Vanad Singhal)

International Press (Journalism)

Best Delegate:

- Chaarvi Nagpal

High Commendation:

- Mahir Nagpal

Special Mention:

- Tanya Gupta

International Press (Photography)

Best Delegate:

- Vaishnavi Vinod Sharma

High Commendation:

- Prisha Jaggi

Our Creative Highlander

Jia Goel, Grade IV-F





Clan News

BOYD

July was a month brimming with enthusiasm and talent, as our Inter Clan competitions celebrated creativity, intellect, and teamwork. It adds to our pride while witnessing the remarkable participation of our young clan members.

The Inter Clan "The Dominators" Competition for Grades XI and XII showcased thought-provoking ideas on Sustainable Development Goals. Siya Joshi (XI D) made us proud by clinching the First Position with her impactful presentation.

In the ICT Quiz for Grade VI, the dynamic duo Zohan Akhtar (VI B) and Adhrit Banerjee (VI G) secured the First Position, proving that teamwork truly makes the plan work.

The Innovative Idea Competition for Grade VII

witnessed Advik Iyer (VII CS B) and Jinisha Sharma (VII G) bagging Second Position with their unique concepts on alternative sources of energy. Meanwhile, our budding scientists shone in the Science Model Making Competition for Grades IX and X (Working) — Arnav Goel (IX A), Kiaan Kapoor (IX A), Aarav Malhotra (X C), and Adhrit Gautam (X C) earned Second Position in the Working Model category, while Irvaan Pilani (IX F), Ayaan Gulati (IX IG B), Mehran Singh Bhullar (X B), and Navya Malik (X D) secured Second Position in the Static Model category representing information about Dart mission.

Languages came alive in the MFL Tongue Twister Competition for Grade VII, with Saanvi Chaudhary (VI B) winning First Position in French, Adhrit Banerjee (VII G) winning Second in German, and Aashvi Mohaviya (VI F) winning Second in Spanish.

In the Mind War Competition for Grade VIII, Siddhatri Sharma (VIII B), Araina Khurania (VIII CS A), and Kiyam Ahuja (VIII CS) bagged Second Position. MelodiousTouch was given by Avantika Palakeezhil (XI E) and Anya Arora (XI DP) who secured First and Second Positions in Solo Singing for Grades XI and XII.

Congratulations to all winners and heartfelt applause to every participant — your zeal embodies the true clan spirit. Keep competing, keep growing!

"Together we rise, together we shine — every effort adds glory to the clan's legacy."

Ms. Akanksha Yadav, Clan Elder - Boyd

LAMONT

"Success isn't always about greatness. It's about consistency. Consistent hard work leads to success. Greatness will come."

— Dwayne Johnson

Consistency has a far-reaching influence in helping you achieve success. Talent can get you noticed. Intelligence gets you listened to. Hard work gets you those rewarding projects. But consistency is the crucial piece of the puzzle that gets you to the top and keeps you there. Briefly, consistency is your commitment to performing certain actions over a period of time. When you're consistent, you build daily habits that bring your goals to fruition. You do not rely on other people's promptings to get something done. More importantly, you perform these habits with regularity. That being said, being consistent doesn't mean rigidly sticking to a schedule of doing things and just mindlessly repeating a few actions over and over. actions

are repeated—but by performing these actions mindfully, you able to learn, grow, and evolve. Consistency also builds your sense of personal responsibility. You are aware that you are accountable for the consequences of your actions. But what do you gain from being habitually consistent. And here we have list of our consistent hardworking highlanders who brought laurels to the clan.

Naisha Khurana, Aabir Basu from Grade X and Anvi Pokharna from Grade IX made our clan proud by securing second position in Inter Clan English Parliamentary Debate Competition. Gaurishaa Angel Singh from Grade XI secured first position in Inter Clan the Dominators Competition. Viraaj Nagpal and Eva Khurana from Grade VI showcased their IT knowledge skills and made our clan proud by securing second position in Inter Clan ICT Quiz Competition. Shivika Pandit, Siya Gupta, Sonakshi Huja, Sourish Arora, Samaira Gera, Tanish Mohan, Saanvi Khanna, Kajal Verma from Grade X and Mishka Talwar from Grade IX showcased their acting skills and won second position in Inter Clan Street Play Competition.

Parisha Agarwal from Grade VIII showcased her knowledge and made our clan proud by securing second position in Inter Clan MFL Spell Bee Competition in

Spanish. Advay Aggarwal, Tanish Mohan, Racchit Arora and Anvi Pokharna from Grade IX and X secured first position in Inter Clan Science Working Model Making Competition. The list is not so short for our clan victories this time. Also, Sourish Arora, Ritwik Hazara, Aabir Basu, Shivika Pandit from Grade IX and X secured first position in Inter Clan Science Static Model Making Competition. Ida Singh and Kiaan Juneja from Grade VI enthusiastically participated in Inter Clan MFL Tongue Twister Competition and secured first position in Spanish and German respectively also Aarav Vij won second position in French category. Myra Ahuja and Shaurya Soni from Grade VI presented best team efforts and secured first position in Inter Clan Everyday Science Competition. In Inter Clan MFL Cultural Quiz, Naisha Khurana and Aarav Gupta in Spanish Category and Gaurika Mukherjee and Sonakshi Huja in French category both teams secured second position.

Congratulations to all the winners and participants to work so hard and pushed their abilities to make these victories happen. We are proud of our Clan and wish to continues achieving more laurels in the future.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

*"When things go wrong, as they sometimes will,
When the road you're treading seems all up hill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit,
Rest if you must—but don't you quit."*

These powerful lines by Edgar A. Guest remind us that challenges are a natural part of life's journey. When everything feels uphill and overwhelming, it's okay to pause and catch your breath—but it's never okay to give up. The poem teaches us that perseverance in the face of adversity is what builds strength and character. Even when circumstances are tough and the road seems uncertain, holding on and continuing to push forward will eventually lead to better days. So, rest if you must, but don't you quit. This spirit of perseverance was

clearly reflected in our Highlanders' performance this month. Highlanders delivered an outstanding performance across various Inter Clan Competitions. In the English Parliamentary Debate for Grades IX and X, Ujjeshha Srivastava (X D), Sara Singh (X D), and Aradhya Nigam (IX C) secured the first position with their compelling arguments. Navya Choudhary (XI IB DP) claimed the second position in The Dominators for Grades XI and XII. In the ICT Quiz for Grade VI, Advik (VI F) and Advitya (VI B) clinched the third position. Tvisha Saith and Eva Srishtii (both VII B) earned the first position in the Innovative Idea Competition for Grade VII. In the MFL Spell Bee Saranshi Rao (VIII CS B) represented French and secured second position. Riddhi Aggarwal (VIII CS B) secured first position in Spanish, and Parisa Singh (VIII E) got first position in German. In the Science Model Making Competition for Grades XI and XII, the static category team—Rishika Abrol (XI DP), Atharv Vyas (XI C), Ehan Khan (XI B), and Aadit Sharma (XII C) secured the first position, while the working model team—Aanya Nigam (XI B), Shreyas Todi (XI C), Harshvardhan Tripathy (XI DP), and Kush (XII C)—bagged the second position. For Grades IX and X, the working model team comprising Ojas Lath (X B), Kanika Suri (X D), Aradhya Nigam (IX C), and Annika

Singhal (IX A), and the static model team with Abeer Singh Gujral (X C), Harsimar Singh Dargan (X IG A), Sara Singh (X E), and Mahie Chopra (IX C), both secured third positions in their respective categories. In the Hindi and Sanskrit Quiz for Grade VII, Pragnay Bagadia (VII G) and Dhairya Garg (VII A) won the second position. The MFL Tongue Twister competition saw enthusiastic participation from Advitya (VI B) in French, Udayraaj Singh (VI CS B) in Spanish, and Kalash Sharma (VI CS B) in German grabbed the second position respectively. Lastly, in the Inter Clan Solo Singing Competition for Grades XI and XII "Navya Choudhary XI IB got second position.

Kudos to all my dear students for their relentless efforts and hard work! Your determination, resilience, and commitment to excellence have truly paid off. Each achievement this month stands as a shining example of what can be accomplished when you choose not to quit, even when the going gets tough. You've made us all proud—keep striving, keep believing, and continue to shine!

Ms. Pooja Sethi, Clan Elder - Macarthur

ANDERSON

"Echoes of Excellence: Anderson's Winning Streak"

July was truly a celebration of teamwork and triumph for Team Anderson, as Andersonites demonstrated exceptional performance across a variety of Interclan competitions, reflecting their talent, determination, and unwavering team spirit. Starting off on a high note, Team Anderson secured first place in the Interclan Street Play Competition (Grades IX and X) and the Interclan Working Model Making Competition (Grades XI and XII), showcasing their theatrical skills, creativity and innovation. The momentum continued as Umika Bag and Saisha Anand (both

from Grade VII) clinched first position in the Interclan Hindi and Sanskrit Quiz, reinforcing Anderson's strong linguistic presence.

In the Interclan Mind Wars Competition for Grade VIII, Team Anderson once again took the lead, adding yet another feather to their cap. The language teams also sparkled: Kenisha Kaur Roy (X) and Rayena Chakravarty (IX) secured first place in the Interclan French Cultural Quiz, while Yuvaan Shaw (X) and Ojasvi Singla (X) emerged winners of the Interclan Spanish Cultural Quiz.

Further showcasing linguistic finesse, Aaradhya Gour (VI) achieved first position in the Interclan German Tongue Twister Competition, and Aarav Rawal (VI) earned second place in the Interclan French Tongue Twister Competition.

Team Anderson's streak of excellence continued as we stood second in the Interclan Static Model

Making Competition (Grades XI and XII). Parisa Chopra (VIII) impressed with a second-place win in the Interclan German Spell Bee, while Vanya Agarwal (VII) displayed her artistic flair by securing second position in the Interclan Digital Collage Making Competition. In the realm of logical thinking and mathematics, Harshvardhan Naik (VIII) and Mannan Gupta made the team proud by winning second place in the Interclan Math Hunt.

Each win was a testament to the commitment and camaraderie of the Anderson team, making it a truly memorable and victorious month. Kudos to all participants for upholding the spirit of healthy competition and making Team Anderson proud!

Ms. Ruma Jain, Clan Elder - Anderson



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Golf

ANITYA'S TIP OF THE MONTH

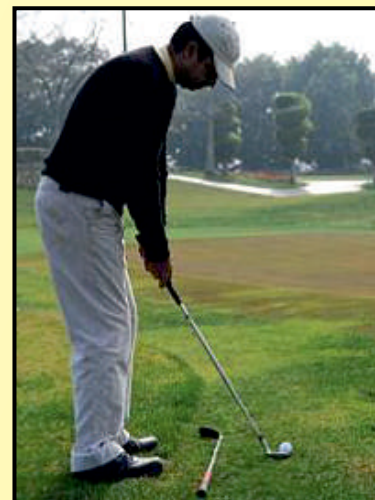
How to play the flop shot

Golfers often face a situation where the pin is cut over a bunker or when the greens are fast and shots have to land softly, stopping quickly. They must play a very high flop shot to get the ball close to the flag.

Here is how you can learn this

Use a sand or a lob wedge to hit this shot. The loft will help you to get the ball high up in the air.

Set up with the ball at the center of your feet and open the clubface according to the height of the flop shot that you want to play. Since the club face is open and aiming right of the target, open your stance as well to aim the feet and shoulders left of the target as shown in the picture. With further opening of the club face, you will have to align your feet and body to the left, or else the ball will go off to the right of the target.



The swing is along the line of the feet and body using mostly arms and body action (and very little wrist action). Though, the direction of this swing is left of the target, the ball will go 'towards the target' as the club face is held open through impact. The open club face shall not only get the ball higher in the air but also impart backspin that will stop the ball quickly after it drops on the green. Make an accelerated swing through impact as your speed and energy is going upward and shall make the ball go higher and land softer

Mr. Anitya Chand,
HoD, Golf Coordinator



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