



From the Principal's Desk

SEPTEMBER: THE MONTH OF TEACHINGS

In India the ninth month of the calendar 'September' is an important month for students and teachers not just because we celebrate Teacher's Day but because most parts of the country witness the term exams during this month. We celebrate teachers day on 5th September for two reasons, first to mark the birth anniversary of Dr. S Radhakrishnan who was not just an educationist but also the second President of independent India; and second to appreciate and acknowledge the efforts of teachers all over the country.

Ganesh Chaturthi, a major Hindu festival, falls on the fourth day of the Shukla Paksha of the Bhadrapada month in the Hindu calendar, which is on September 7th this year. Also, Brazil celebrates its Independence Day on September 7th, marking its independence from Portugal in 1822.

On 8th September, we observe International Literacy Day to highlight the importance of literacy. On September 14, 1949, the Indian Constituent Assembly chose Hindi as the official language of India, and hence we celebrate Hindi Diwas on this day. On one hand, Engineer's Day is celebrated in India on September 15 to honor the Indian engineer M. Visvesvaraya; on the other hand, to make people understand the importance of democracy, International Day of Democracy is observed on 15th September.

On 16th September 1963, states of Sabah and Sarawak joined the Malaya Federation and Malaysian Federation was formed, since then 16th September is celebrated as Hari Malaysia or Malaysia Day. This year Muslims across the world are also celebrating Eid Milad Un Nabi on 16th September to mark the birth of Prophet Mohammad. Moving towards the end, World Tourism Day is celebrated on 27th September every year to highlight the importance of tourism among the world economies.

So, September is a month focused on education and learning, which teaches us that with the right knowledge in the right direction, nothing is impossible, as rightly said in Sanskrit Language: "विद्या परं बलम्" "*Knowledge is the Supreme Power*".

Dr. Sanjay Sachdeva
School Principal

Design Thinking at Scottish High

Design is intelligence made visible. At our school design thinking routine is an integral part of the curriculum. To ensure consistency in teaching design thinking, we promote problem-solving from the early years. At the entry level, where toddlers are developing spatial awareness, we present simple problems for their young, dynamic minds to solve. So the question is – What is Design Thinking? Design thinking is a problem-solving framework that encourages creativity, collaboration, and critical thinking. Introducing this approach in primary classes has significantly impacted the development of our students, equipping them with essential twenty first century skills such as empathy, innovation, and adaptability. During all the ongoing assessments, the students use the key steps of design thinking. Empathy is at the core of many assignments as empathy helps children understand others' perspectives and learn to empathize with the problems. This skill is particularly important in primary education, as it nurtures emotional intelligence alongside intellectual growth.

Most of the units of inquiry are designed in such a way that students learn to identify challenges that are around them through discussions, brainstorming sessions, and collaborative work. In the ideation phase, young learners are encouraged to think

creatively and generate a wide range of possible solutions. Such an approach fosters an innovative mind-set and develops confidence in expressing ideas. The prototyping and testing phases involve hands-on activities that allow students to create tangible solutions and refine them based on feedback. These iterative processes promote resilience and adaptability, encouraging students to embrace failure as part of learning and improvement. The creation of an eco-town or designing futuristic cities or planning market fests and flea markets are all products of indigenous thinking of students at different age levels. Incorporating design thinking into the curriculum has also fostered teamwork, as most of these engagements are collaborative. Working in groups enables children to share ideas, listen to others, and build interpersonal skills.

In conclusion, design thinking at the primary level offers an engaging and interactive way to develop critical life skills. By focusing on empathy, creativity, and collaboration, this approach prepares young learners to navigate a rapidly changing world with confidence and innovation.

Ms. Seema Bhati, Primary School Director



PYP

“Grandparents make the world a little softer, a little kinder, and a little warmer.”



Grandparents' Day in the Early Years was a heart-warming celebration that had our beloved grandparents beaming with joy as they spent precious moments with their grandchildren. The event began with a traditional welcome, where a ceremonial tika and a token of love in the form of a badge set a delightful tone for the day.

The children, who had been eagerly preparing for days, gave their all in showcasing their talents. They danced, sang, and played games with their grandparents with infectious enthusiasm. The atmosphere became particularly touching as grandparents fondly shared anecdotes and cherished memories about their grandchildren. It was endearing to see them embrace their inner child, joining in games like antaakshri, solving riddles, and laughing heartily while tackling tongue twisters with their little ones.



enjoyed delicious refreshments, captured moments in the selfie. The day was filled with joy as everyone corner, and left with hearts full of love and happiness. It was truly a memorable and lovely day for both the grandparents and their grandchildren.





Empowering students, one conversation at a time...

Parental involvement in the learning journey opens up a world of possibilities, broadening perspectives and enhancing students' research, communication, and social skills. Recently, we welcomed a wave of parents as guest speakers in our classrooms,

enriching the educational experience for our young learners. The Nursery students, exploring their identities under the Transdisciplinary theme- Who we are, had parents come in to share personal timelines and milestones. This provided valuable insights into their children's growth and independence, highlighting the many new skills they are acquiring.

Meanwhile in Lower Kindergarten, as the children explored responsibility towards pets under the Transdisciplinary Theme- Sharing the planet, we invited pet parents of dogs and birds to share their experiences. This delightful interaction captivated our little ones, fostering their curiosity and compassion. The Kindergarten students, engaged in the Transdisciplinary theme- Where we are in place and time, welcomed parents and grandparents who reminisced about the education system of the past. Their stories illuminated how education has evolved over

the years, shaped by advancements in technology and innovation. These rich exchanges not only deepened our students' understanding but also created a vibrant learning community, connecting families and fostering a sense of belonging.





Learning in Action: A Front Desk Programme

The Grade III and IV Highlanders took the spotlight during their captivating Front Desk Programme, showcasing their Approaches to Learning (ATL) skills, with a particular emphasis on communication and social interaction. They embodied the IB learner profile of confident communicators and daring risk-takers, demonstrating the essence of these attributes through an array of performances. With grace, enthusiasm, and unwavering confidence, these young learners transformed the stage into a vibrant platform displaying their diverse talents. Their performances encapsulated a rich variety of activities, including impressive demonstrations in sports such as taekwondo, soccer, skating, and yoga. The audience was also treated to melodious singing, energetic dance routines, and an engaging language showcase in the form of skits each reflecting the students' dedication and hard work. Beyond merely showcasing their talents, these students highlighted the depth of knowledge and understanding they've cultivated throughout their learning journey. Their performances were a living example of the IB Learner Profile in action, illustrating qualities such as creativity, collaboration, and a readiness to embrace challenges with an open mind.





Market Fest: Small steps today, business leaders tomorrow

This year's Market Fest was an exciting learning experience, where students of Grade IV delved into the intricacies of the supply chain and explored how products and services are organized from production to consumption. Through collaborative efforts, they learned first-hand the importance of supply and demand in driving the market. Students organized their own market stalls, showcasing products they created, while applying concepts like pricing strategies, marketing, and understanding customer needs. They also demonstrated the flow of goods, from sourcing materials to delivering finished products, highlighting the efficiency of well-organized supply chains. Market Fest was not only an engaging hands-on activity but also a valuable lesson in entrepreneurship, critical thinking, and teamwork.



Flea Market by Grade II Highlanders: Real-World Learning, Real Fun

The young inquirers of Grade II became knowledgeable about various processes as they learned about their lifecycle from production to consumption. The children exercised their agency to create many useful products keeping in mind the 3Rs - reduce, reuse and recycle. It all culminated in a well-planned and beautifully executed flea market where they tried to convince customers (in this case our teachers) to purchase them as they offered attractive offers and discounts. A great experience in kinesthetic learning, the learners were thrilled with their thoughtful creations.





Parent - Teacher Meeting
Together, we can make a difference in the
life of every child.

The parent-teacher meeting on the 28th September 2024 for both Initial and Primary students was held with focus on distribution of the First-Term Report Cards. Teachers actively engaged with parents, providing valuable feedback on their children's growth and development. This input was well-received, and the discussions offered parents meaningful insights into their child's progress across all around.



हिन्दी दिवस
Hindi Diwas
14th September 2024



Ms Shivani Johri
Initial School Head, Deputy PYP Coordinator
Ms Virender Bhullar
Primary School Coordinator, Deputy PYP
Coordinator



Medley of Activities



In September, Grade I students learned how to create compositions by considering background, middle ground, and foreground, using subjects like boats, cats, and rabbits. Grade II learnt similarities & differences between the abstract, realistic, cartoon & folk art. Further students created their own art form with

oil pastels. They also integrated their learning with the thematic unit "How We Organize Ourselves." They explored the changes that products undergo and learned the process of block printing through vegetable printing.

They will also study the tie-dye technique, investigating how a plain white cloth transforms into a beautiful piece of art. Grade III students practiced the gradation technique with oil pastels to create beautiful landscapes, which they will gift to their parents as tokens of appreciation for attending the Front Desk Programme celebrations.

Meanwhile, Grade IV students focused on the unit of inquiry "Sharing the Planet" by working and finding the solution of the critical thinking cards chosen by them. They showcased their artistic talents and eco-consciousness by upcycling discarded materials into imaginative creations, turning trash into treasure and fostering a sense of responsibility for our planet. They also created beautiful flowers composition using pencil shading techniques to gift during the FDPs as tokens of love for their parents. Grade V students embarked on a project to design posters for Independence Day, reflecting on what makes them proud to be Indian.

They incorporated various artistic styles and techniques into their artwork, fostering artistic expression and nurturing a sense of curiosity and respect for diverse artistic traditions.

In an optional art activity, Grades VI and VIII explored different mediums and techniques, delving into the art of perspective, the interplay of light and shadow, and transforming blank sheets into stunning artwork that evokes a sense of tranquility and wonder.

They also practiced relief work on plaster of paris, further developing their creative skills. Senior school students are working on their course-related components, such as studying still life objects and creating artworks for the Art and Design Component 1, aligned with their chosen themes.



Inaya, Grade II-G



Alishka, Grade III-A



Anyra, Grade III-A



Kyra, Grade III-D



Avi, Grade IV-F



Ryan, Grade IV-F

Arts & Crafts For Students Class



Aashray, Grade I-A



Pritisha, Grade I-G

Ms. Amitta Gahallot
HoD Visual and Performing Arts



September began with a dazzling showcase of talent from our Grades III and IV students during their FDPs (Front Desk Program). Each performer lit up the stage with energy and passion, creating an unforgettable experience for all. At the same time, our Grades I and II students enthusiastically dove into new dance routines, focusing on building flexibility while having fun. Grade V students, too, embraced the challenge of learning a new routine, demonstrating their progress. To honor tradition, our classical dance students prepared a vibrant Garba routine, embodying the joy and spirit of cultural heritage. September has truly been a celebration of creativity, growth, and expression across all grades.

Ms. Himani Yadav
Dance - Instructor



In the month of September drama students participated in various stage and drama class activities. In the SST Exhibition- A play was performed by drama students on the topic- *Unsung Heroes*. The cast included students from Grades VII and XII. The play depicted the story of the three unsung heroes from Bengal - Benoy, Badal & Dinesh who had given the supreme sacrifice for the nation. Students acted well and the play vividly portrayed the struggles and sacrifices of our freedom fighters, transporting the audience to a time of courage and resilience. The students honoured these heroes who fought for our independence, filling everyone with a deep sense of pride and gratitude. The performance was very well received by the audience.

Mr Rohit Kumar Kalra
Theatre Arts - Instructor



August and September were buzzing with musical activity at Scottish High, blending competition, celebration, and preparation. In August, the Inter Clan Solo Singing Competition for Grades IX and X took center stage. The talented singers delivered impressive performances, making the event a highlight of the month.

As Independence Day arrived, our senior students added a special touch by performing an instrumental version of Beethoven's "Ode to Joy," bringing both patriotism and classical music to the forefront. They also took on the challenging task of learning Billy Joel's "We Didn't Start the Fire," broadening their musical horizons with this historical anthem.

Grade XI students formed a band to gear up for the Teacher's Day celebrations, selecting popular party anthems to energize the event with their lively performances.

Moving into September, the Front Desk Programmes (FDPs) for Grade IV and III were in full swing. Grade IV captivated everyone with songs like "It's My Life" and "Wind of Change,"

while Grade III charmed the audience with "All Is Well" and "My Own Superhero." Their performances were nothing short of delightful.

Meanwhile, the school began brainstorming plans for November's Annual Day, laying the groundwork for an unforgettable choir and band performance.

Music continues to thrive at Scottish High, ensuring a harmonious journey ahead!

Mr Shivam Srivastava
Western Music - Instructor

From The Sports Field



The month of September started with the preparations of different CISCE Regional and SGFI State games preparations.

SHIS Athletic team comprising of Jhalak Rustagi, Aarika Sharma, Naisha Dua, Siya Joshi, Aaroosh Banerjee, Adhyan Garg, Aarav Jain, Kabir Tandon, Muskaan Arora, and Vikhyaat Aashir Bhardwaj participated in CISCE Regional Athletic Competition where Adhyan Garg got selected for the CISCE National Athletic Championship going to be held at Telangana.

Aryaveer sharma got selected for the CISCE National Cricket Competition and represented North India in the same.

In Swimming Jashn Singh Bajaj, Nalin Chandra, Aryaman Suri, Samridhi Verma, Kabeer Singh, Kabir Bhasin, Pranshul Saroop participated in the CISCE National Swimming competition held at Bangalore.

Kabeer Bhasin, Aryaman Suri and Samridhi Verma participated in SGFI state swimming competition where Samridhi Verma got selected for the SGFI National Swimming Competition.

Sehar Arora secured Bronze medal in SGFI State skating competition.

Aryaman Mattoo, Anay Khorana, Praneet Kapoor, Lakshay Dhiman, Adhrit Gautam, Atharva sharma, Krish Wadhwaan, Nabhya Kinha, Shaurya Makkar, Aarika sharma, Mrinalini Mukherjee and Tanisha Sarin participated in Regional trails and got selected to represent North India in CISCE Nationals.

Malhaar garg, Smayan Narang, Abir Natu, Hamza Shaikh, Gurjass, Tarak Ram, Prajwal Tiwari, Vivaan, Shaurya Banerjee, Anant Singh Bhatia, Aarav Munjal, Nihaal Singh participated in the ISSO Football National Competition held at Jayshree Periwal School.

Charvi Nagpal, Gizzelle Anna, Ashana Sud, Ditya Agarwal, Trisha Bhasin, Raisa Bhardwaj, Maisha Sharma, Kyra Khar, Vasudha Upadhyay, Mehher Sharma, Tiya Vermani, Manavi Srivastava, Ariana Khurana, Ada Kalra, Emya Jain, Kiara Verma Ananya Bamget Mihika Pandey and Opel Sagar are playing ISSO National basketball competition at Telangana.



Modern Foreign Languages

DELFL Junior A1, A2, and B1 Examinations

The DELF Junior (Diplôme d'Études en Langue Française) certification, awarded by the French Ministry of Education, is a recognized credential that certifies the French language proficiency of non-native speakers. The certificates, ranging from A1 to C2, are internationally acknowledged and often utilized by educational ministries, including India's Ministry of HRD, to evaluate linguistic competence in French. In line with this, the Institut Français and the French Embassy, in collaboration with Delhi Public School, Gurgaon (Sector 45), conducted the DELF Junior Examination.

Scottish High was proudly represented by a total of 21 students, who showcased their proficiency in French language. The students were guided by Ms. Isha Verma (HOD- MFL), Ms. Nupur Verma, and Ms. Rupali Arora. Ms. Rupali Arora, an experienced DELF Junior accredited Examiner-Corrector, offered valuable insights to the students. The training sessions led by the department covered all evaluation criteria's, the new examination format, and the expectations from candidates, culminating in a thorough evaluation process. Additionally, Ms Rupali was invited for the correction of the DELF Junior A1 and A2 exams at DPS Sector 47, Gurgaon.

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

Middle School (Grade VI to VIII)

"Physical fitness is not only one of the most important keys to a healthy body; it is the basis of dynamic and creative intellectual activity."
- John F. Kennedy

John F. Kennedy's quote emphasises that a healthy body supports a healthy mind.

Regular physical activity improves focus and creativity, allowing individuals to think more clearly and perform better.

Physical fitness plays a crucial role in a student's school life. It not only improves physical health but also boosts academic performance and energy levels. By integrating regular exercise into their daily routines, students can enjoy a healthier, more fulfilling school experience. Physically fit students are more energetic, focused, and motivated. Good health promotes better sleep and reduces stress levels. It also enables students to maintain a positive mood, which helps them keep a calm and focused mind. Students who are physically fit tend to avoid mental exhaustion, leading to improved academic performance. There are many advantages to engaging in regular physical activity. These benefits are crucial for students, as they affect both academic success and personal growth.

Exercise Increases Energy Levels:

Physical activity enhances the body's ability to deliver nutrients and oxygen to muscles.

Under 17 Girls Lawn Tennis team comprising of (Samaira Kohli, Khushi Gaur and Mehher Sharma) secured 2nd position in the SGFI state Tennis championship held at Panchkula.

Rivaan Barola, Yuvraj Singh Sidhu secured 3rd place in CISCE National Football Competition held at Kerala. Vedant Gut (u 14) and Abhinav Sharma in under 19 participated in CISCE National football competition. In SGFI State Soccer championship Vedant Gut, Tanmay Chawla and Abhinav Sharma participated at Panipat.

Vitasta Kaul (u 14) and Devina Chawla (u17) secured Gold medal in SGFI Chess District. Vitasta participated in State Competition and secured 1st position and got selected for the Nationals.

Muskaan Arora, Saanvi Garg and Kaira Kapoor participated in the CISCE National Competition held at Gorakhpur.

Aradhya Nigam, Saanvi Garg and Kaira Kapoor participated in SGFI state Football Competition held at Kurukshetra, Haryana.

Mr Darshan Singh Gahallot,
HoD Sports

Senior School Head

A talk on language choice and its importance in communication, was conducted for Grade VI students by the Senior School Head - Ms. Isha Verma along with the school counsellor, Ms. Simonil Jassawala. The session aimed to highlight the role of language in a child's cognitive and social growth, with a special focus on how language choices impact their communication skills and interactions. The session began by explaining that at the Grade VI level, children are at a critical stage of language development. This is the time when their vocabulary is expanding rapidly, and they are becoming more aware of how language can influence emotions and relationships. The importance of exposure to diverse linguistic experiences to foster creativity and problem-solving skills was done during the session. One of the main topics of the discussion was the distinction between formal and informal language. It was demonstrated how children should be encouraged to switch between these forms based on the context. For example, using informal language with friends can strengthen bonds, but formal language is essential in academic settings or when addressing adults. Grade VI students are developing the cognitive ability to understand these nuances, and learning when and how to adapt their language is crucial. The talk was followed by a Q&A session, where students asked questions about slang, the impact of cultural differences on language, and how to handle situations when someone's language choice hurts others. All the questions were answered thoughtfully, reinforcing the idea that language is a powerful tool for both connection and division. The session concluded with a very interesting activity on choice between appropriate and inappropriate choice of language reminding that language choice is a lifelong skill. The talk was well-received by the students, who appreciated the interactive elements and the real-life examples.

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages



Boosts Academic Performance:

Studies have shown that physical fitness is directly linked to better academic performance. Engaging in regular exercise improves blood flow to the brain, enhances concentration, and boosts memory. A physically fit student is better capable of retaining information as a lifelong learner.

Develops Discipline and Time Management Skills:

Students who engage in sports or regular exercise learn to balance their academic responsibilities with physical activity, helping them develop essential life skills. Fitness teaches students the value of routine and self-discipline.

Strengthens Social Connections:

Participating in group sports or fitness activities fosters teamwork and helps students build strong relationships with peers.

Maintains Physical Health and Prevents Diseases:

Regular physical activity helps students maintain a healthy weight and strengthens the immune system. Establishing healthy habits early in life creates a foundation for lifelong wellness, ensuring that students remain physically active and healthy as they grow older.

Improves Confidence:

Students who engage in regular exercise often feel more confident in their physical abilities and appearance. This increased confidence extends to academics, extracurricular activities, and social interactions.

Physical fitness is an integral part of a student's school life. It not only enhances academic performance by improving focus but also fosters emotional well-being and discipline. By incorporating fitness into their daily routines, students can achieve a balanced, fulfilling school experience that supports both their physical and mental development.

Ms. Geetanjali Ahuja
Middle School Coordinator

IGCSE

Consistent Efforts Pave the Way to Success

Success is often viewed as a destination, a singular achievement that marks the culmination of hard work and ambition. However, a deeper exploration reveals that success is more accurately described as a journey, characterized by persistent efforts and incremental progress. The notion that consistent efforts pave the way to success underscores the importance of routine, discipline, and perseverance in achieving one's goals.

At its core, consistency refers to the ability to maintain a steady course of action toward a particular goal. Whether in academics, sports, or personal development, regular practice and effort can lead to significant advancements. For instance, consider an athlete training for a competition. While natural talent may provide an advantage, it is the daily training, discipline, and routine that ultimately refine skills and improve performance. Over time, these consistent efforts culminate in remarkable achievements, such as breaking records or winning championships.

Establishing positive habits is a crucial aspect of consistent effort. When individuals commit to daily practices, they create

a framework that supports their ambitions. For example, a student who dedicates a specific time each day to study is more likely to grasp concepts thoroughly and perform well on exams than one who crams at the last minute. This routine fosters a sense of accountability and reinforces the importance of effort, ultimately leading to greater success.

The road to success is often fraught with obstacles. Consistent effort plays a vital role in overcoming these challenges. When setbacks occur—be it a failed project, a lost competition, or a difficult period in personal life—those who have cultivated a habit of persistence are more likely to bounce back. The ability to keep pushing forward despite adversity is a hallmark of successful individuals. They understand that temporary failures are stepping stones to growth and that resilience, fueled by consistent effort, can lead to eventual triumph.

Numerous success stories illustrate how consistent efforts lead to remarkable achievements. J.K. Rowling's journey to publishing the "Harry Potter" series exemplifies this principle; despite facing numerous rejections, her dedication to writing daily ultimately resulted in one of the most successful book franchises in history. Similarly, Dashrath Manjhi's relentless work over 22 years to carve a path through a mountain demonstrates how unwavering commitment can yield transformative results.

Similarly, in the realm of business, entrepreneurs like Jeff Bezos built their empires through persistent effort and a long-term vision. Starting with a small online bookstore, Bezos faced numerous challenges but remained committed to his goal. Today, Amazon stands as a testament to how consistent effort, combined with strategic thinking, can transform a vision into a global enterprise.

In conclusion, the notion that consistent efforts pave the way to success is a powerful reminder of the importance of perseverance and dedication. While talent and intelligence are valuable, they often pale in comparison to the impact of sustained effort. By cultivating habits of consistency, embracing challenges, and learning from setbacks, individuals can set themselves on a path to achieve their goals. Ultimately, success is not merely the result of a singular moment of brilliance but rather the accumulation of persistent efforts over time.

Mr Pawan Mittal
Cambridge Curriculum Head

ICSE - ISC Bulletin

In September 2024, my debate partner, Saanvi Kumar Verma, and I had the incredible opportunity to represent the North Indian Region at the Frank Anthony National Debate organized by CISCE in Kerala.

This prestigious event, held in honour of the esteemed educationalist Mr. Frank Anthony, brought together five outstanding teams from across the country, each having emerged victorious in their respective regional competitions. The anticipation was palpable as we embarked on our journey to Kerala. The lush landscapes and vibrant culture of the region provided a picturesque backdrop for the debate. This round of the debate like all the ones that had come before were centred around technology which is an imminent and incredibly relevant agenda in the modern world. We spoke about a plethora of ideas which branched off from the primary motion dragging in ethical obligation, social contracts, logical

impositions on the status quo or implications on civil order to hold up our side of the house. We employed a blend of rhetorical strategies, sound dialectics and arguments to prove our claims. We prepared rigorously modifying our speech and tactics as the proceedings continued. To top it all off, our efforts did bear fruit as we placed third in the national event. Though we did not secure the crown, the experience was invaluable. Competing against the best debaters in the country and fighting by their side for the throne really helped us evolve and hone our abilities.

This will undoubtedly impact our future endeavours and will help us with coming debates and the world beyond by making us far more articulate, expressive and convincing than ever before. The Frank Anthony National Debate in Kerala turned out to be more than a debate, the impact remains forever embedded within Saanvi and I and the memories will forever be cherished by both of us.



By: Karandheer Gahlot and Saanvi Kumar Verma, Grade XI ISC

IBDP/CP

Expert Talk

I recently had the opportunity to conduct a session for students from Grades IX and XII on the Indian Union Budget. As a XII Grader myself, I was eager to gain experience speaking in front of my peers and juniors while sharing insights on an important topic. In my presentation, I explained the key components of the budget and emphasized the importance of understanding it as responsible citizens before forming opinions. While preparing, I also deepened my own knowledge of financial terms and government processes, applying concepts from economics. The session went smoothly, with an interactive approach that kept it engaging rather than a traditional lecture. I was grateful for the positive feedback from both students and teachers, and I felt this experience helped me enhance my communication and research skills, which will be invaluable in the future.

Malhaar Garg, Grade XII DP

IC3 Gratitude Dinner

As a student photographer for the IC3 Gratitude Dinner, I became reflective while being a part of the event. Capturing the essence of the event required me to be present and engaged, highlighting the connections among students, educators, and counsellors. I aimed to evoke emotions through candid shots, focusing on moments that illustrated our shared gratitude and community spirit. This experience challenged me to be more open-minded, appreciating diverse interactions and perspectives. In managing my time effectively before and during the event, I ensured I was prepared and adaptable, allowing me to seize spontaneous moments. Reviewing my work afterwards, I reflected on how photography can narrate stories and strengthen community bonds. This project not only enhanced also deepened my understanding of the power of visual storytelling, inspiring me to continue exploring this art form in the future.

Vaishnavi, Grade XI DP

Teachers' Day

In the teachers' day celebration, I participated in a dance group, which gave me a different experience. The dance helped me express my feelings, helping me connect with myself and the other participants and improve my social skills to communicate and get to know the other participants. Overall, this experience helped me gain more skills showcasing my experience with teamwork and helping me improve my social and risk-taking skills.

Ishya Rao, Grade XI IBDP

- Students of Grades XI and XII in the IBDP/ CP have appeared for their Semester 1 and 3 examinations. These exams are an important step in their academic journey, assessing their knowledge and understanding in various subjects. Their results will help identify both their strengths and areas for improvement. We are confident their hard work will reflect in their performance.

Ic3 Conference

Being part of the welcoming performance for the IC3 Conference Gratitude Dinner was both thrilling and rewarding. Our team practiced ardently and I am very proud of how the performance turned out. The preparation phase was incredibly engaging, and I got to know and collaborate with others interested in classical dance. The event itself was well-organized, creating a vibrant atmosphere that made the performance even more impactful. The audience's enthusiasm made all our hard work worth it. It is always an honour to represent our school at such prestigious gatherings.

Aditi Gupta XI DP



Personal Professional Skills

In the "15-day itinerary of Personal and Professional Skills" activity, we put ourselves in pairs to plan a trip to a country we had not visited before. We calculated travel costs, places to visit and things to be done during the

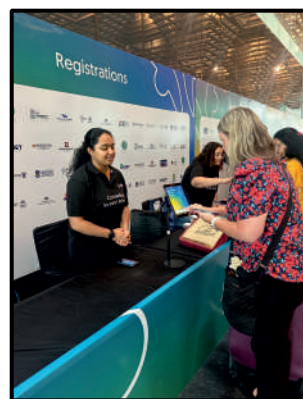
15 days set aside, focusing on personal and professional development. This made us work in a team, develop time management skills, and show creativity while being culturally conscious. This was such an interesting way of carrying out practical work that prepared one for real-life planning and making of decisions in any personal and professional sphere.

Tisha Saxena, Grade XI IBCP

University Fair

Attending the university fair hosted by Scottish High was an edifying experience. Being given the unique opportunity to interact with various universities helped me broaden my knowledge on potential universities, courses and degrees. As an IB student, I find it crucial to be able to select a curriculum best suited to my interests and abilities, the university fair allowed me to explore various educational paths and gain invaluable insights on the same. The representatives of the present universities were exceptionally informative and helped me tailor my interests to build them into qualities valued by colleges. Each query of mine was met with practical advice, further aiding me to prepare a résumé that would be attractive to a range of universities. By informing me on campus life, admissions processes and extracurricular activities, I am now better able to find universities that cater to my attributes. Overall, this event helped me take a step further into making informed choices about college applications and decisions about further academics.

Irka Rao, Grade XI IBDP-B



Ms. Pooja Sharma
Diploma Programme Coordinator

Ms. Smriti Dudeja
Deputy Diploma Programme Coordinator

Dr. Neha Singh Maurya,
IB Career-related Programme Coordinator

CAS - Creativity, Activity, Services

CAS-O-NANZA' 24

A Celebration of Creativity, Activity, and Service!

On Saturday, September 28, 2024, the Grade XII IBDP students (Session 2023-25) hosted CAS-O-Nanza, a vibrant celebration marking their transformative journey through the Creativity, Activity, and Service (CAS) program. The event was inaugurated by School Principal Dr. Sanjay Sachdeva, who lit the ceremonial lamp and cut the ribbon, officially opening a dynamic showcase of student achievements.

The exhibition featured a diverse array of student presentations, photographs, and CAS portfolios, highlighting projects across all three CAS strands. Parents, teachers, students, and special guests engaged in meaningful dialogues with students, gaining valuable insights into their personal growth, social responsibility, and commitment to civic engagement.

The Service strand was a standout, with students presenting impactful initiatives such as the Aravalli Forest Plantation Drive, the Mango Seed Collection Drive, and Project Mission Green Mumbai, all aimed at supporting underprivileged communities. Students also volunteered at the Lotus Petal Foundation and worked with visually impaired students, further demonstrating their compassion and dedication. Arush and Ganges were honored as Green Ambassadors, securing



Second Runners-up in the Panasonic Biodiversity Conservation Program for their efforts. Special recognition was also given to Arohi Handa's Sanitary Pad Distribution Drive, which garnered widespread praise.

In the Creativity strand, Prakraty captivated the audience with a dynamic drum performance, while Shabd delivered a soulful guitar rendition of popular tunes. Toshhani charmed listeners with her stunning vocals, performing a selection of Western music. Culinary talents were on full display as Tulika's Choco Lava cakes and cookies and Sheuli's Kesariya Kahwa became crowd favorites. Additionally, students exhibited their creativity through pressed flower art, tie-dye articles, terrariums, paintings, and handmade candles. Arush and Gangesh also showcased their futuristic battery-less car model, which was selected for display at IIT Guwahati, adding a cutting-edge element to the creativity segment.

The Activity strand celebrated achievements in sports, yoga, and fitness, highlighting students' dedication to physical well-being and holistic growth through athletics, swimming, and workout routines.

CAS-O-Nanza truly captured the spirit of holistic learning, inspiring the school community and motivating students to continue making meaningful contributions to society through their lifelong CAS journey and develop their strengths and areas of growth and continue to make positive contributions to the people and communities around them.



Ms Kavita Yadav
CAS Coordinator

From The Counsellor's Desk

The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education.

- Martin Luther King Jr.

At Scottish High International School, we pride ourselves on fostering not just academic excellence but the holistic development of our students and staff. Recently, we've had the privilege of participating in several exciting and educational events that truly reflect our dedication to growth and learning.

For our senior students, we conducted an informative session led by Mr. Vijay Krishnan from Nanyang Technological University (NTU), Singapore. Students from Grades IX and X got a fascinating glimpse into the world of studying abroad, learning about NTU's unique double major and minor

programs. Mr. Krishnan's insights into life in Singapore sparked curiosity and opened up exciting possibilities for our students' future education journeys.

For Grades XI and XII, we hosted Dr. Eileen Fong, a professor from NTU's School of Materials Science and Engineering, who delivered a masterclass titled "Exploring Your Future with Material." Dr. Fong provided an engaging introduction to advanced fields like biology and engineering, giving students a real taste of what university-level education looks like. This session left many students buzzing with ideas and questions about their future academic paths.

We are also incredibly proud of how our students are taking the lead in sharing knowledge. Malhar Garg and Nihal Singh Bajwa, both in Grade XII DP, delivered a stellar presentation on the Union Budget 2024-25 to Grades IX and X. They broke down complex topics like taxation and government spending into easy-to-understand concepts, making financial literacy more accessible to their peers.

One of the most expert talks was the General Knowledge and Current Affairs session for our Grade VI students. They prepared for their upcoming GK exams through a lively quiz session, filled with rapid-fire rounds and interactive activities. Topics like India's Olympic achievements took center stage, making the session both relevant and fun. It was great to see our young learners so enthusiastic about expanding their knowledge!

An expert talk was conducted for Grade VI students on the topic Healthy Diet, where they learned about essential nutrients and the importance of maintaining a balanced diet. Through quizzes and videos, the session encouraged students to make smarter food choices. It was a joy to see how engaged they were in learning about their own well-being!

In another important step towards building a safe and inclusive environment, our teachers participated in a workshop titled "Safeguarding Classrooms", conducted by the Pratisandhi Foundation. Led by Ms. Anisha Hallan and Dr. Kaavya Sreedhar, the workshop covered crucial topics like understanding shame, addressing stereotypes, and the importance of teaching consent. The session empowered our teachers with the knowledge and tools to create classrooms that are safe and nurturing for all students.

One of the events was the IC3 Annual Conference & Expo 2024, held at Yashbhoomi, New Delhi, on August 28th and 29th. This global event brought together educators and counselors from around the world to discuss ways to improve counseling practices and expand educational opportunities for students. Scottish High International School being the host school for IC3 participated in the same.

Our school was represented by a dedicated team of student and teacher volunteers. Tulika Rathod and Tanay Sharma (XII-DP) along with Agastya Kaul (XI-DP) played an instrumental role in managing the registration desk. Their professionalism shone through as they guided attendees through the registration process and helped them access the event's mobile app.

Dr. Neha Singh Maurya (HOD of Counseling Department) is also in the midst of supporting parents with daily informative sessions on upcoming university application deadlines for both domestic and international colleges. These sessions aim to simplify the application process by providing clear guidance on deadlines, required documents, and strategic advice. We are dedicated to offering personalized assistance to ensure that every family is well-prepared and confident in managing their applications.

Beyond student sessions, our teachers have been equally dedicated to professional development. On September 6th, Dr. Neha Singh Maurya led a session on the significance of Letters



of Recommendation (LoRs) and predicted grades in college applications. She stressed the importance of writing well-crafted, personalized letters that capture the essence of each student. It was an invaluable workshop that will no doubt enhance the college application process for our students.

These past weeks have been full of learning and growth—for both our students and teachers. Each event has reinforced our commitment to a well-rounded education, one that supports students academically, emotionally, and socially, paving the way for a brighter future.



Dr. Neha Singh Maurya,
HoD, Counseling
Ms. Priyamvada,
School Counselor
Ms. Simonil Jassawala,
School Counselor



Social Science Exhibition

"To the nameless and unsung heroes of our freedom struggle, we offer our humble tribute. Their life-blood nourishes the body of independent India."

- Rajiv Gandhi

The Social Science Exhibition, titled "Legacy of Bravery: A Tribute to the Unsung Heroes of our Nation," was held on September 28, 2024. The exhibition was inaugurated by the School Principal, Dr. Sanjay Sachdeva, and Primary School Director, Ms. Seema Bhati. The topic of the exhibition was embraced by the students of Scottish High, who created an atmosphere of patriotism in the school's auditorium with their passion and dedication for their favorite unsung heroes. The exhibit featured models, charts, and a wealth of knowledge about unsung heroes in an endeavor to remember and honor the forgotten heroes of our freedom struggle, many of whom may be well-known yet unknown to the new generation. The aim was to revive and bring forth stories that have faded into memories of the past, serving as a medium of inspiration and encouragement for the coming generations.

Talented Highlanders from Grades VI-XII created models depicting the lives of these great leaders. The students of Grade IX built a model of the National War Memorial of New Delhi, which included a beautiful rangoli made with fresh flowers depicting the 4 Chakras: Amar Chakra (Circle of Immortality), Veerta Chakra (Circle of Bravery), Tyag Chakra (Circle of Sacrifice), and Rakshak Chakra (Circle of Protection). The large paintings from historical events such as the Uprisings of 1857 and the Jallianwala Bagh massacre stirred the parents. The exhibit also had a section on all the 21 recipients of the Param Vir Chakra, India's highest military honor, in great detail that kept the parents spellbound. The students covered unsung heroes from all the states of India. Students also dressed up as some of the leaders, and others were depicted through various cut-out standees prepared by Grade VII students. The exhibit also featured a synchronous dance showing the full patriotic feeling and a melodious song 'Ae watan, mere watan' by our talented Grade VI students. A variety of quizzes and games kept the audience entranced and informed.

What stole the show and was much appreciated by the parents and visitors was the collaborative effort put forth by each child and the knowledge gained in the process. It was clear that immense hard work and many nights were spent researching and making such informative models. The culmination of this hard work was seen in a beautiful auditorium filled to the brim with charts, paintings, scrapbooks, models, and memories of a lifetime.

Ms Bhawna Dhull
HoD, Social Science



From Our Budding Writers

Diary Entry by Niccolò Machiavelli

Dear Diary,

Of late, I have completed mine volume, an endeavor on which I had been toiling religiously for the past four years. My steadfast determination hath helped me compile a concise and compendious treatise on the successful ways of governing. Never had I thought, I should undertake the works of an author, but sooth, the future remaineth obscure.

'The Prince', is a detailed guide to ruling a state. It discourses upon the importance of pragmatic thinking over conventional morality. The end justifieth the means. I have expounded that it is oft requisite to employ deceit, manipulation and cruelty to maintain an effective and effortless rule, albeit it remaineth unorthodox.

After the grand fall of the government of Florence and the rise of the Medici family, I was wrongfully accused of plotting against them and spent three harrowing weeks in the dungeons like a malefactor! Nevertheless, since my release, I diligently worded my knowledge and wisdom on an attenuated parchment, which hath been my singular chance for a grandeur return to politics. I withstand the prospect of spending the rest of my days in coerced retirement, having once held the coveted position of a diplomat.

The week past when I presented my bindings to our ruler – Lorenzo de' Medici, to exhibit my worth and gain his trust, I was met with transpiring cynicism and controversy as he seeth me as a knave. Now do I fill these empty pages with vehemence. Verily, it is a double-edged sword. Either thou stickest to traditional beliefs, or thou shalt apply the methods suggested in 'The Prince' whereupon the only direction Italy shall head, is onward.

Yours most sincerely,

Niccolò Machiavelli

Anya Arora, Grade X-IGCSE-A

The Fuel To Our Fire

The ones who taught us how to write,
Coaxed us out of our unobtrusive shells,
Constellating our scattered ideas,
Turning them into plausible explanations to dwell.
Help us to become fearless, intrepid,
Refining our dexterity,
Teaching us that we are a drop in the bucket,
In the stark world that we see.



When we feel lost,
They hold out their hand for us to hold,
And leaving it at just the right time,
When we are precocious and ready to create history
foretold.

The ones who taught us how to spread our wings,
Before we take flight into the sky,
Delineating our finesse,
Sagacity lining the corners of our decisions,
Being the best, and no less.

Our teachers, our mentors,
Pensive, isn't it,
How much they impact our lives,
And so today - HAPPY TEACHERS DAY!!!

Sia Aggarwal, Grade X-F

The Mona Lisa: A Renaissance Enigma



The Mona Lisa, a distinguished and extraordinary piece of art, meticulously crafted by Leonardo Da Vinci during the renaissance period in France. For it is the uncertain identity of the sitter, the eerie and almost enigmatic expression, distant and dreamlike background juxtaposed with the three-dimensional flesh-and-blood representation of the model, all these are among those salient features of the painting credited for all interest and attraction that are always stirred and circling around

it. The type of fascination and lure which has led to the formation of several theories and suppositions...

The most believed and accepted theory is that the woman in the painting is Lisa Gherardini, the wife of Francesco del Giocondo but, as of late, people suspect that Mona Lisa is not a real personality but Da Vinci as a woman himself! This theory is further supported by Da Vinci's known love for riddles and proof provided by artists including Lillian Schwartz who have used computer programs to find similarities between the Mona Lisa and his other self-portraits.

Another theory suspects that the sitter is Da Vinci's acclaimed lover, Salai, who was known to often dress as a woman and accompany Leonardo as he painted.

Whether the subject is Lisa Gherardini, Salai or even Leonardo himself, an irrevocable fact remains that is, the painting is truly a stunning illustration of the Renaissance's artistic and cultural riches and though it is engulfed in a slight mystery, it remains a timeless essence of artistic brilliance.

Arshia Sharma, Grade XI-IBDP-B

Arcanum Est Hodie

In this surreal age, I find myself born to dwell in a world that surpasses every dream. While I once ascended Mount Ventoux on a quest to gaze further into thy mortal essence; nou spirits are scattered, bound to gizmos, lost in the ephemeral digital tinkle. Where once thoughts forged themselves in the crucible of reflection, now shattered into fragments. The letters I longed for, endowed with introspections, now diluted to screens glimpsed fleetingly, devoid of the purport we used to bestow upon them.

Yet I marvel. The knowledge that was long confined to musty corners of forgotten bibliotheca now speeds across oceans with the ease of wind. The wisdom of ancient days for which I labored through endless pains so intricately to translate, is at the fingertips of all. For this democratizing of comprehension, one fears its depth is but an illusion. Minds do but skim its surface-like hands on endless sea graze, not the chasm.

And love- my perennial muse, my torment, and my refuge- what has become of thee? Somewhere in the immediacies of this new world, the leaping fire of longing for friends and family, the tender stirrings of desire that gave life to our words and actions, has been mislaid. Where's the poetry of separation, that exquisite ache of absence I once celebrated as the noblest expression of human bonding?

In this paradoxical era, I would plead the world to halt. Conquer all the preoccupation and return to my beloved solitude; it is in the quiet that savors the bottom of the soul, that the kernels return to what it means to be a human being.

- Francesco Petrarca

Agastya Sumeer Kaul, Grade XI-IBDP-B

Machiavelli: An Architect of Thought

Born in 1469 in Florence, Niccolò Machiavelli emerged as a foremost thinker in the history of political thought. He is mostly known for his acute grasp of power, much of this epitomized in Machiavelli's works, notably The Prince, which has won him so far a lasting (if debatable) name.

Machiavelli did diplomatic work in the midst of a troubled time in Italy, where there were frequent fights between the city-states. This gave him a good view of the political tricks and power schemes. After the Medici family regained control in Florence and he lost his job in 1512, he took up writing. His most famous piece, The Prince, turned in many ways the normal course of political problems. Instead of the normal priorities for the moral or the ideal rulers, Machiavelli made it clear that the rulers must be very practical and maybe even hardhearted to keep the running of the state as it has to be. His famous proposition that "the ends justify the means" shocked many, but simultaneously, it brought to light the important fact that leadership is not always about being a good person but also about survival and leading societies in a hostile environment.

In spite of his portrayal as a skeptic, the moral spectrum of Machiavelli's works showed his belief in social systems characterized by republicanism and sound governance. He not only stressed the importance of manipulation- because he was interested in ways of life and sociological studies as well. His concepts took a firm grip in the new political world, and he is now seen as a key contributor to the understanding of realpolitik. Machiavelli's historical significance is in the area of realism. His ideas indicate the brutalization of power and the human race that is still evident today.

Avyukt Mahajan, Grade XI-C

Indian Budget 2024

Indian Budget 2024 - 2025

The Indian budget is an annual document prepared by the Finance Minister of the Government of India. It tells us about the revenue and expenditure policy of the government for the upcoming year. It discusses its policies regarding taxes, salaries, employment, loans, investment, subsidies, development of the country, etc. Its major objectives are to stimulate economic growth, provide social welfare, and manage government finances. India's Budget is acknowledged as one of the largest budgets in the world. This year, the budget is set at ₹48.2 trillion, including major investments in Defence, Rural Development, Agriculture, Education, IT, Health, Energy, and more.

Taxes

As far as direct taxes are concerned, the government has made some changes in the slabs of income taxes for salaries below ₹10 lakh annually. Now, salaried employees under the new tax regime would save up to ₹17,500 annually due to the changes made in the Budget 2024-25. The standard deduction has been increased from ₹50,000 to ₹75,000, and the deduction for family pension has been increased from ₹15,000 to ₹25,000. The Angel Tax has been abolished completely for all classes of investors. Corporate taxes have been reduced from 40% to 35%. All these enhancements are very advantageous for the public.

Skilling

This year, the Indian Government focuses on the development of skills of the youth for better growth of the country in the future. To encourage the same, the government has introduced certain schemes for empowering and training the youth, such as: i) Providing one month wage to new candidates in 3 installments up to ₹15,000, ii) Skilling 1 crore youth by top companies under PM's internship programme, who will be receiving ₹5000 monthly for 12 months, iii) Training 20 lakh youth over 5 years and upgrading 1000 Industrial Training Institutes (ITI's).

Schemes for Women and Girls

This year, a total of ₹3 lakh crore has been allotted to the empowerment of women and girls. To encourage women to participate in the workforce, the government is: i)

Setting up working women hostels in collaboration with industries, ii) Providing financial aid to women who want to pursue entrepreneurship, it aims to support women and create small enterprises to help in the overall development of the country, this is known as the Udyogini Yojna, iii) Giving more market access to the hand-made products of the Self-Help Groups, which are the lifeline for a major population of Indian women, iv) Reducing the stamp duty on assets acquired by women.

Interesting Fact

The presentation of the budget was earlier done in a traditional leather briefcase, but Nirmala Sitharaman (The Finance Minister) replaced the briefcase with a red cloth (Bahi-Khata) in 2019. This symbolizes the adoption of Indian tradition and the break away from old colonial practices.

Glossary

Standard Deduction - A fixed amount of your salary on which you do not have to pay taxes.

Angel Tax - Tax collected on the funding received by startups from angel investors.

Corporate Tax - It is the tax collected on the profits of a company.

Self-Help Groups - A self-help group refers to a group of 15-20 women who produce hand-made goods for a living.

Stamp Duty - It is the tax paid on the legal documents while purchasing property.

Anjel Chugh, Grade X-D





बरसात

बरसात है ऋतुओं की रानी,
चारों तरफ बरसा है पानी,
लोगों ने है छतरी तानी ।

नभ में काले बादल छाये,
नाचे मोर पंख फैलाए,
कोयल मीठे गीत सुनाए ।

झूम उठे है सब किसान,
सब खाए मीठे पकवान,
सबका हो इससे कल्याण,
हो चाहे निर्धन या धनवान । ।

जियाना सैनी
कक्षा : छठी ई

जल संरक्षण

जल है जीवन का आधार,
प्रकृति से मिला है ये अनमोल उपहार ।
जब आसमां से छलकती है बूदें,
चारों तरफ आ जाती है बहार । ।
जल के हैं अलग-अलग स्रोत ,
सभी है महत्त्वपूर्ण बहुत ।

महासागर, नदियाँ, तालाब और झरने,
ग्लेशियर जब पिघलते है तो पानी लगता है बहने ।
पर जब इतने है स्रोत,
तो जल संक्षण क्यों जरूरी है बहुत ।

ऐसा यो कि इन मे सें ज्यादातर पानी है खारा,
केवल द्वाई प्रतिशत पीने लायक पानी है सारा ।
तो कैसे करें पानी का बचाव,
भाव आता मन में यह बार-बार
ना खुले छोड़ें कोई नल,
पानी का इस्तेमाल करें ध्यान से,
वाहनों को धोने से होती है बर्बादी,
पानी के अभाव में जीती है आधी अबादी ।

बारिश के पानी को करें इकट्ठा,
क्योंकि ग्लेशियरों का पिघलते है जारी
चलो संकल्प ले जल संक्षण का!
फैलाए जागरूकता जल संक्षण की!

नित्या राणा
कक्षा : छठी ई

हमसे सच्चा कोई यार नहीं

हम तुमसे थोड़े अलग जरूर हैं, सिर्फ ये अंतर है कि हमारी
पहचान नहीं
माना कुछ कम घुल- मिल पाते हैं हम, पर हँस कर जवाब न दे
ऐसी कोई मुस्कान नहीं । ।
निर्मल स्वच्छ मन वाले हम ईश्वर के करीब हैं,
सदा सत्य बोलने वाले हम झूठ, छल, कपट जैसी विकृतियों से
हमारा कोई सरोकार नहीं । ।
अपनी भावनाएँ हम भले ही व्यक्त ना कर पाएँ, मगर तुम्हारी
बातें बखूबी समझते हैं
व्यवहार कुशल हम ना सही, पर किसी को ठेस पहुँचाते नहीं, ।
हँस लेते हैं हम अपने ऊपर किए गए व्यंग्यों पर भी
रखते हृदय में कोई भार नहीं । ।
क्षमा करना हमारी आदत है, लेते किसी से कोई प्रतिकार नहीं
मिलकर रहना चाहते हैं हम सभी के साथ, करते किसी से भेदभाव
नहीं
निःस्वार्थ मदद करते है हम सबकी, बदले में चाहते कोई आभार
नहीं
हम बढ़ना और पढ़ना चाहते हैं सबके साथ, हँसना -बोलना चाहते
हैं सबके साथ
लड़ाई -झगड़े से कोसों दूर रहने वाले, करते कभी किसी का
अपमान नहीं । ।
हमारे संघर्ष में बाधाएँ बहुत हैं, पर हम हैं मेहनती, मानते कभी
हार नहीं
सफलताएँ चुमती हैं कदम हमारे भी, पर हम करते कभी अभिमान
नहीं । ।
नृत्य ,संगीत ,गणित, विज्ञान, खेल ,इतिहास में गाड़े हैं हमने भी
कई झंडे
पर रहते हैं विनम्र और सहज, करते कभी अपना गुणगान नहीं
सहारा नहीं हमें तो बस तुम्हारा साथ चाहिए, हम पर तुम्हारा
अटूट विश्वास चाहिए
जी जान लगा देंगे हम आगे बढ़ने में, पर तुम्हारी ओर से थोड़ा
प्रयास चाहिए । ।
एक बार दोस्ती का हाथ बढ़ा कर तो देखो, कुछ दूर कदम से
कदम मिलाकर तो देखो
कह उठोगे तुम भी गर्व से कि, हमसे सच्चा कोई यार नहीं ।
हमसे सच्चा कोई यार नहीं । ।

सेन विभाग के होनहार छात्रों को समर्पित

अक्षज श्रीवास्तव
कक्षा : सातवीं - सीएस ए

“वर्तमान महिला संघर्ष और समाज”

आज की नारी है मजबूत पर संघर्ष की कहानी पुरानी है
 संघर्षों से भरी हुई उसकी हर एक निशानी है।
 घर से बाहर कदम रखती सपनों को वो बुनती है
 फिर भी समाज की बेड़ियों में अक्सर वो जकड़ी मिलती है।
 कभी घरेलु काम में उसको बाँधा जाता है
 कभी उसके कपड़ों पर सवाल उठाया जाता है
 आवाज़ उठाए तो चुप कराया जाता है
 उसके हक की लड़ाई को यूँ ही दबाया जाता है।
 पर नारी अब जाग चुकी है अपनी शक्ति को पहचान चुकी है
 धो अब और नहीं सहने वाली अब जुल्म के साथ नहीं रहने
 वाली।
 दफ्तरों में काम करे या हो घर की रानी
 हर रूप में वो खुद को साबित कर रही दीवानी।
 तलवार नहीं अब कलम उसकी शक्ति है
 शिक्षा और ज्ञान ही उसकी असली भक्ति है।
 वो आज के समाज को बदलने निकली है
 हर बंधन से मुक्त होने का उसने प्रण लिया है।
 वो लक्ष्मीबाई की विरासत को दिल में रखती है
 कोलकाता हो या दिल्ली हर बार वो संघर्ष करती है।
 हर अन्याय को मिटाने का संकल्प करती है
 अपनी हर जीत को दुनिया को दिखाना है।
 नारी आज अपने पंखों को फैलाने चली है
 अपने हक की उड़ान को पाने चली है।
 रोक नहीं सकती उसे अब कोई भी दीवार
 उसकी उड़ान के आगे हर कायर है लाचार।
 आज की नारी है संघर्ष की मिसाल
 हर दर्द हर आँसू हर हार के बाद भी बेहाल
 पर वो रुकने वाली नहीं थमने वाली नहीं
 अपने स्वाभिमान की लड़ाई में झुकने वाली नहीं।
 यह नारी का युग है उसकी शक्ति का विस्तार
 वो गढ़ रही है नए समाज का आधार।
 संघर्ष से निकलेगी एक नई सुबह
 जब हर नारी की होगी अपनी आवाज़ और अपनी राह।
 यह है नारी शक्ति की अविरल धारा
 जो इतिहास से वर्तमान तक बहाती प्यार।
 लक्ष्मी बाई से कोलकाता की सड़कों तक
 महिला संघर्ष की यह गाथा है अपरंपार।

अनाहिता
 कक्षा : नवीं सी

अभिनंदन अपनी भाषा का

करते हैं तन-मन से वंदन, जन-गण-मन की अभिलाषा का,
 अभिनंदन अपनी संस्कृति का, अभिवादन अपनी भाषा का।
 यह पूजन अपनी संस्कृति का, यह अर्चन अपनी भाषा का।
 यह दर्शन अपनी संस्कृति का, यह दर्पण अपनी भाषा का।
 संस्कृत से जन्मी है हिंदी, शुद्धता का प्रतीक है हिंदी,
 लेखन और वाणी दोनों को गौरवान्ति करवाती हिंदी
 हमारी आत्मा हमारी अस्मिता की पहचान है हिंदी
 गगन में जब तक लगी है सूरज चाँद की बिंदी
 तब तक रहेगी भू पर हमारी भाषा हिंदी।
 हिंदी हमारी चेतना, वाणी का शुभ वरदान है
 हिंदी हमारा शब्द, स्वर-व्यंजन अमिट पहचान है।
 ज्ञान और व्याकरण की नदियाँ मिलकर
 हिंदी का हैं सागर स्रोत बनाती,
 जयशंकर की जयकार कहीं, निराला का है ओज कहीं
 अनगिनत कवियों का यह गर्जन
 अपनी संस्कृति का यह गुंजन
 अपनी भाषा, अपनी संस्कृति की, पहचान है हिंदी।

आदया अग्रवाल
 कक्षा : दसवीं डी

जीवन है जैसे कोई रहस्यमयी किताब
 हर पन्ना होता है नए रंगों से लिपटा।
 खुशियों को नहीं कभीकभी दर्द की बारिश
 कभी सपनों की छाया कभी यादों की नमी।
 कभी हसते हैं हम साथ और कभी अकेले चले
 जिंदगी की राहों में कभी कॉटें भी मिले।
 जिंदगी इसी का नाम है।
 जीना उठना करना लडना यही हमारा काम है
 तो बिन पीछे मुड़े चलते चलो क्योंकि
 जीवन जैसे कोई रहस्यमयी किताब है।

गौरिशा
 कक्षा : दसवीं सी



विश्व धरोहर अनुपम थाती

हिंदी प्यारी सबसे न्यारी ०
 संस्कृत की बेटि कहलाती
 व्याकरण के ये नियम बताती
 तत्सम से तद्भव बन जाती ०
 भाषाओं का संगम करती
 विश्व बंधुत्व की डोर बांधती ०
 स्वर और व्यंजन इसकी जान
 जिनका वैज्ञानिक आधार ०
 मन के भाव सहज इठलाते
 कागज़ की भूमि पर आते
 जब मात्राओं से इसे सजाते ०
 जैसे बोले वैसे लिखते
 शब्द कोष इसके हैं विरले
 रूढ़ी तोड़ती देश जोड़ती
 पौराणिक व नवीन का संगम
 हिंदी भाषा बड़ी विहंगम ०
 राजभाषा के साथ बनाए
 राष्ट्रभाषा का अनुपम योग
 ऐसा हो सुंदर संयोग

मंजू पुरोहित द्वारा लिखित (कियारा पुरोहित की दादी)

“सर्वे भाषायाः सुखदायाः , हृदयं हि सुखायम् ।
 हिंदी भाषा सुरम्यत्वे, जीवनस्य निधानम् ।”

अर्थात् : सभी भाषाएँ आनंद देती हैं लेकिन हिंदी अपनी मीठी प्रकृति के साथ जीवन का खज़ाना है ।

हिन्दी भाषा आपसी प्रेम और भाईचारे की भावना है । यह भाषा में मधुरता घोलने का कार्य करती है । अपनी भाषा में रसता बढ़ाने की श्रृंखला को हर वर्ष हम हिन्दी सप्ताह के रूप में बड़े उत्साह के साथ मनाते हैं । हिन्दी सप्ताह का मुख्य उद्देश्य भाषा में निपुणता लाना है । इस वर्ष भी (दिनांक 09 सितंबर 24 से 13 सितंबर 24 तक) हिन्दी सप्ताह के रूप में मनाया गया । जिसका मूल उद्देश्य छात्रों में विचारात्मक ,संचार व आत्म विश्वास कौशल को विकसित करना था । इस उद्देश्य को पूर्ण करने हेतु कई रूचिकर गतिविधियों का आयोजन किया गया जिससे उनका सर्वांगीण विकास हुआ । छात्रों में उत्साह की कोई सीमा न थी और इनको करने में छात्रों ने पी.वाई.पी के मूल तत्व एजेंसी (Voice, Choice, Ownership) का प्रयोग किया । हिन्दी सप्ताह के अंतिम दिन छात्रों ने हिन्दी वाग्मिता प्रतियोगिता में उत्साहपूर्वक भाग लिया । जिसमें छात्रों ने कविताओं के माध्यम से पूरे आत्मविश्वास के साथ दिए गए विषयों पर अपने हावभाव के कौशल को अभिव्यक्त करते हुए प्रस्तुतिकरण किया ।

शिक्षकों ने छात्रों को विना झिझक के अपने दैनिक जीवन में हिन्दी का उपयोग करने और अपनी राष्ट्रीय भाषा का सम्मान करने के लिए प्रोत्साहित किया । सवने

हिन्दी सप्ताह के अंतर्गत वातचीत के माध्यम के रूप में हिन्दी का उपयोग पूरे जोश और उमंग के साथ किया ।

Our Budding Artist Zoe Tripathi, Grade VI-F



Interesting ways Paris reclaimed used resources in Olympics'24: Supporting Circular Economy and Sustainability Goals

1. Medals with Heritage

Olympic medals are crafted using 18 grams of iron from the Eiffel Tower. Gold and silver medals are made from 100% recycled materials, and bronze medals incorporate metals from Monnaie de Paris, blending history with sustainability.

2. Recycled Seats and Podiums

68 podiums and 11,000 seats are created from recycled High-Density Polyethylene (HDPE). This material, including reclaimed plastic like bottle caps, is fully recyclable and free of additives, emphasizing a commitment to reducing plastic waste.

3. Eco-Friendly Tables

Tables used at the Games are made from 90% recycled shuttlecocks. These tables combine functional design with eco-friendly materials, showcasing innovative reuse.

4. Sustainable Mattresses

Mattresses are produced from recycled fishing nets and are designed to be donated after the event, demonstrating a dedication to resource efficiency and social responsibility.

5. Renewable Cardboard Beds

Beds are constructed from renewable cardboard, making them fully recyclable post-use. This initiative aligns with Paris's goal of minimizing environmental impact.

Paris 2024 is not only celebrating athletic excellence but also setting a new standard in sustainability, proving that major events can be both spectacular and environmentally responsible.

Ms Neha Gupta, Economic Facilitator



Scottish High International School continues to command the spotlight by clinching the coveted CFORE SCHOOL EXCELLENCE AWARD 2024 and securing the prestigious title of being the third-ranked Day Co-Ed School in Gurugram, Haryana, India

Our middle school Science Teacher Ms. Jyoti Sharma had won the Inspirational Guru Awards 2024. SSVM Institutions in Coimbatore, Tamil Naidu had organized the event.



Senior and Primary School Activity Heads, Ms. Simran Yadav and Mr. Sumit Gupta were honored at the Guru Samman Samaroh, organized by Sanskrit Ke Saathi



Clan News

ANDERSON

"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do." — Pelé

Hard work is the foundation of success and personal growth. It is the relentless effort one puts into achieving their goals, often requiring dedication, discipline, and perseverance. Unlike talent or luck, hard work is a choice that every individual can make, and it consistently produces results over time. Through hard work, one not only hones their skills but also builds character, learning to overcome challenges, adapt to setbacks, and remain

focused on long-term objectives. It teaches patience, resilience, and the value of persistence, proving that effort is the true key to unlocking one's potential and achieving lasting success.

Andersonites proved their diligence in all the Interclan Competitions this month. Hazel Singh (VIII), Shivina Nagwanshi (VIII CS) and Siddharth Suneja (VIII CS) secured the first position in the Interclan English Quiz. Ronit Jhunjhunwal (VI), Dhruv Mohan Sharma (VI) and Nitya Rana (VI) won the Interclan Maths Quiz. Pari Yadav (VII), Pahal Nagpal (VII), Aratrika Das (VII) and Vardan Agarwal (VII) also bagged the first position in the Interclan Hindi Vigyapan Pratiyogita. I applaud the team spirit and camaraderie these

Highlanders depicted and congratulate them for their consistent efforts and motivation.

Maintaining the momentum of victory requires consistent effort and focus. Success, once achieved, should be a stepping stone for further accomplishments, not a reason to relax. It's about staying motivated, learning from the journey, and continuously setting new goals. By keeping the same energy, discipline, and determination that led to the initial success, we can build on victories and transform them into sustained progress and greater achievements.

Ms. Ruma Jain, Clan Elder - Anderson

BOYD

"You don't have to control your thoughts. You just have to stop letting them control you." — Dan Millman

In recent years, mental health has become a tremendously important topic of conversation, particularly in schools where students face increasing academic, social, and personal pressures. While much attention is given to physical health, it's important to remember that mental well-being is just as vital for a healthy, balanced life.

Mental health affects how we think, feel, and behave in our daily lives. For students, it can impact academic performance, relationships

with friends and family, and overall happiness. It's essential to recognize the source of stress whether it is due to exams, peer pressure, or personal challenges. One important aspect of maintaining good mental health is learning to manage stress in healthy ways. Regular exercise, adequate sleep, and a balanced diet play a key role, but simple activities like taking time for hobbies and relaxation can also prove to be working towards the same. Additionally, connecting with friends, spending time with family and talking openly about your feelings can also reduce feelings of isolation. As teachers and mentors, we recognize the importance of creating a supportive environment where students feel safe to express themselves. School promotes mental health awareness through workshops,

counselling services, and open discussions. Encouraging students to prioritize their mental health helps reduce stigma and fosters a more understanding and compassionate community. Remember, it's okay to ask for help when things get tough. Asking for support is not a sign of weakness but rather a step toward managing the challenges of life more effectively. Everyone experiences challenges, and taking care of your mental health is not a sign of weakness, but of strength. By prioritizing mental wellness, we empower students to thrive both academically and personally, laying the foundation for a happier, healthier future.

Ms. Akanksha Yadav, Clan Elder - Boyd

LAMONT

Things work out best for those who make the best of how things work out." — John Wooden

Success is a journey, not a destination. It's the result of hard work, dedication, and perseverance. One of the most important things you can do to achieve success is to keep moving forward, even when the going gets tough. When you're working towards a goal, it's easy to get discouraged by setbacks and obstacles. You might feel like giving up, or taking a break, or losing focus. But the key is to keep moving forward, no matter what. To move positively towards success, define achievable, measurable objectives and break them down into smaller steps. Embrace challenges, learn from failures, and persist

through obstacles. Nurture your physical, mental, and emotional well-being. Make steady progress towards your goals, even if it's just a small step each day.

Our Highlanders from our clan proved the above saying completely. Here are few feathers in our cap from Highlanders. Advay Aggarwal, Gaurissha Angel Singh and Riksheet Singh Phougat from Grades IX and X brought laurels to our clan by Winning Inter Clan Business and Economics Quiz Competition. Agastya Sumeer Kaul from Grade XI proudly secured first position in Inter Solo Instrumental Competition by showing his talent guitar playing. In Inter Clan Heritage Quiz Competition, Damandeep Kaur Dhingra and Aiyana Chaudhuri from Grade VI secured second position. Arjun Niranjani and Vihana Sharma from Grade VII showed their best team work in Inter Clan Science Innovation Idea Presentation Competition and made our clan proud by winning first position. Ruhika

from Grade VIII recited her self-composed poem and secured first position in Inter Clan English Self Composed Poetry Competition. While keeping our aims high and continuous perseverance, Diya Agarwal, Sahaj Khanna, Vedant Singhal and Agastya Sumeer Kaul from Grade XI participated in Inter Clan Science Model Making Competition and proudly bagged first position.

Congratulations to all the winners and participants for their efforts and hard work always. As I always believe that it's not always about winning or losing, but giving yourself another chance to learn and discover potential in you is always best way to be successful in life. Keep doing hard work it will always pay off.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"Doing the best at this moment puts you in the best place for the next moment." — Oprah Winfrey

The pressure of exams has eased, and I know the Highlanders have worked tirelessly to achieve academic excellence and earn their badges. Now, with that behind us, it's time to channel our energy and passion into the competitions that lie ahead. Let's make the most of this opportunity to shine and make a powerful impact.

We must always keep in mind that balancing academics and co-curricular activities is key to personal growth, as they complement each other. While academics build knowledge and intellectual capacity, co-curricular activities foster creativity, teamwork, leadership, and

time management skills. Excelling in both areas not only sharpens the intellect but also equips us with essential life skills like problem-solving, resilience, and adaptability, which are invaluable in every aspect of life. By striking this balance, one becomes a more well-rounded individual, capable of facing challenges with confidence and excelling in various pursuits.

Our achievers in various clan competitions have once again proven their mettle. AiraWirik from VI CS-B clinched the first position, while Eva Shristi from VI B secured the second position in the 2D Animation Competition. In the Hindi Vigyapan Competition, Amaira Kaur Musaddi (VII-A), Sharvani Joshi (VII-C), Kaira Gupta (VII-A), and Parisa Singh (VII E) achieved third place. Additionally, Avika Karla (VIII-F), Mahika Raina (VIII-B), and Samaira Goel (VIII-D) secured third position in the English Quiz. In science quiz Competition Tanmay maheshwari (XI-C), Kush Shrikrishna Ginde (XI-C) and Alisha singhal (XI-A) secured first position.

Remember, by acknowledging our mistakes, we must step forward with renewed dedication and hard work to overcome them. I'm confident that the students of Clan Macarthur possess the passion and determination needed to rise above any challenge. They will leave no stone unturned in their pursuit of excellence, taking the clan to new heights. Embrace challenges, don't fear them. Persistence is the path to triumph. Keep pushing forward, and success will be yours.

Let's push our clan forward, earn those crucial points, and finish strong! Every effort counts, and together we can rise to the top. Stay focused, stay determined, and give your best!

Ms. Pooja Sethi, Clan Elder - Macarthur

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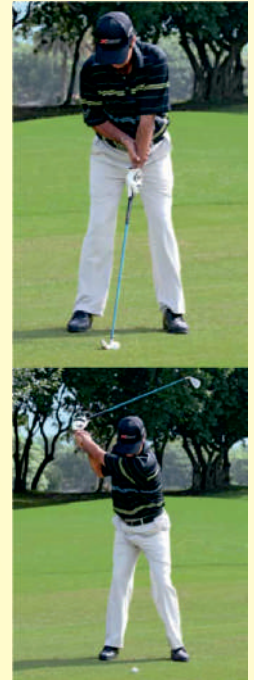
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Golf

ANITYA'S TIP OF THE MONTH

As a picture of the golf swing in your mind, imagine the clubhead making a semi-circle in the backswing and follow through, making the swing in the form of an ellipse. A very common problem that I see with a lot of juniors is they make very narrow arcs in the backswing as they simply pick the club up on the way back rather than swinging it all the way to the top. This is especially the case if a youngster is playing with heavier clubs this puts him into a weak position at the top, resulting in a lot of miss-hits. As a simple test, if you ask a right handed junior to pick up a weight with either of his two hands, the right hand will be able to pick up far more weight than the left. This also causes the right hand to dominate the backswing and put the club into an unstable position.



Here is a great drill to ensure you make a wide arc in your backswing and get the club into a very stable position:

1. Hold the club in your left hand only and using the support of the right hand, take the club up to the top of the backswing with the left arm being extended all the way to the top. The left arm being straight maintains the wide radius of the backswing circle as well as gets the club into a more parallel and stable position at the top.
2. You may feel a stretch in the left side of your upper back shoulder as these muscles are being used much more now to take the club to the top of the backswing. This will also help in making the left arm stronger as the left arm will do the bulk of the work of getting the club to the top of the backswing and holding it in a stable position.

This is a great way to develop a strong top of the backswing position and helps in hitting the golf ball long and straight.

**Compiled by:-
Ms. Ankita Jain, Golf Coordinator**



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